

Saskatchewan Powerlifting Association Corp.

2012 Weyburn Open

Sunday, February 12, 2012

Weyburn, Saskatchewan

Meet Director: Ryan Fowler (saskpowerlifting@gmail.com)

Sanctioned by: Saskatchewan Powerlifting Association Corp. (SPA)

All Canadian Powerlifting Union (CPU)/International Powerlifting Federation (IPF) rules apply.

Competition Venue: Weyburn Junior High School Gymnasium

600 5th St NE

Weyburn, SK

Weigh In: 9:00am, with lifting beginning at 11:00am

Age Categories & Weight Classes: Age and weight categories will be in accordance with CPU rules.

Age categories: Sub-Junior (14-18), Junior (19-23), Open (any age), Master I (40-49), Master II (50-59), Master III (60-69), Master IV (70-79) (Note: Master IV is male only)

Female weight classes: 43kg, 47kg, 52kg, 57kg, 63kg, 72kg, 84kg, 84+kg

Male weight classes: 53kg, 59kg, 66kg, 74kg, 83kg, 93kg, 105kg, 120kg, 120+kg

(Note: women's 43kg and men's 53kg only apply to sub-junior and junior competitors)

Competitors: This event is open to all CPU members. To acquire a CPU card, contact your provincial president. Saskatchewan athletes who require a 2012 CPU card should purchase in advance of the meet. Please use the application form on the website or contact Heidi Fowler (heidifowler@sasktel.net) to arrange the purchase of a card.

Awards: Best Lifter awards will be awarded to the best overall equipped powerlifter, raw powerlifter and bench only.

Doping Control: The CPU follows the rules and regulations of the World Anti-Doping Agency (WADA). By competing in this competition, you accept the possibility of being selected for doping control.

Entry Deadline: Postmarked February 1, 2012

Late entries are not appreciated and late entries do not guarantee a t-shirt.

Note: The number of lifters for this competition is capped at 28 powerlifters and 28 bench only. Get your entry in early to ensure you are able to compete.

