

President's Report

August 25, 2017

Once again, I am able to present the President's report to the membership of the SPA. As I reflected on the past year, I was once again struck by how far we have come as a sport in the last few years, both in the success of the SPA as an organization and in the number and quality of our lifters. Thank you to everyone who has contributed this past year to the SPA and its success.

This year, the SPA hosted one Novice Lifter Workshop in Moose Jaw and an equipped workshop in Saskatoon. Both were well attended and the feedback received continues to be positive. There were also 6 competitions hosted in the province, all well run and very well attended by lifters.

In terms of lifting this year, our Provincial team was done in size from what it has been over the last few years. I am anticipating this to change for 2018 with Nationals being in Calgary. We were able to again secure Provincial team sponsors and provided each lifter attending Nationals with a Team Saskatchewan hoodie and t-shirt. We also had a number of our lifters compete on the international scene this past year at the various Regional and World Championships, as well as two athletes and one coach attending the World Games. Congratulations to all lifters on representing Canada and Saskatchewan at the World level!

At the CPU level, I continue to sit as the Chairman of the Coaching Committee. We have been able to roll out the Level 1 Coaching Certification Course this year. There has been no set timeline for implementation, but at some point in time, the requirement will be for any coach attending and international, national or regional championship to have their Level 1 certification before being allowed to be in the warm up room to serve as a coach. The CPU AGM also brought about a few changes, notably for athletes of the SPA, that you may no longer change your weight class at Nationals following the final nomination deadline.

In closing, I want to thank the membership for allowing me to serve in the capacity as president. I believe that with the hard work and dedication of all of our members, we can continue to make the SPA the leader in powerlifting in the country. I also want to thank Lucas Tetreault, Tyler Harnett and their team of volunteers for running this year's provincial championship. I wish everyone a strong and successful upcoming year.

Yours in Lifting,

Ryan Fowler

Saskatchewan Powerlifting Association President