

## 2017 Annual General Meeting Agenda

Friday, August 25th, 2017 7:30 pm @ Sportplex “Big Classroom”

### Roll Call

Gwen, Lucas, Rhaea, Ryan, Heidi, Aaron, Evan, Russell, Julie, Dylan, Brad, Shara, Gen, Tanya, Danielle, Randy, Wayne, Carolyn, Marc, Amy, Ryan, Chris, Mikayla.

### Items for Discussion

- a) Provincial Award Winner Presentations
  - a. SPA Hall of Fame
    - i. Athlete - Randy
    - ii. Builder -Wayne

### Agenda

Adoption of the Agenda (Randy, Gwen)  
Adoption of 2016 Minutes (Amy, Tanya)

### Elections

Records Chair

Nominations:

Gwen Grasdal

Connor Lutz

**Marc Morris - Elected**

Krista Sali

### Reports

- a) President – Ryan Fowler
- b) Vice-President – Chris Arnold
- c) Treasurer – Marnel Spencer
- d) Technical – Ryan Stinn
- e) Records – Kent Brown
- f) Registration – Heidi Fowler  
(Lucas, Gen)

### Old Business

None

### **Budget**

#### a) 2017-2018 Proposed Budget

According to the Non-profit Incorporation laws, we have to have an audit done on our books every year. However, because we have less than \$20,000 go through our books every year, we can vote on waiving the audit. (Shara, Randy)

- Proposed: The Saskatchewan Powerlifting Association Corp. will not conduct an audit or review of its books for the 2017-2018 budget year. (Ryan, Lucas)

### **New Business**

#### **Proposed Changes to the SPA Constitution:**

##### ***Provincial Championship Scheduling (Lucas Tetreault, Randy) – Defeated***

###### **Current Wording:**

A) The annual Provincial Powerlifting and Bench Press Championships will take place between September 1st and October 31st

###### **Proposed Wording 1:**

A) The annual Provincial Powerlifting and Bench Press Championships will take place between July 1st and August 31<sup>st</sup>

###### **Reasoning:**

With so many high caliber lifters in Saskatchewan and higher requirements to qualify for Regionals and Nationals it is important that our Provincial Championships be held at a time that allows the maximum number of lifters to compete without interfering with training for higher level competitions.

Hosting the provincial championships in July - August puts it right after the Classic World Championships and only slightly overlapping with the timeframe allowed for Regional Championships.

##### ***Provincial Championship Scheduling (Lucas Tetreault, Aaron) - Withdrawn***

###### **Current Wording:**

A) The annual Provincial Powerlifting and Bench Press Championships will take place between September 1st and October 31st

###### **Proposed Wording 2:**

B) The annual Provincial Powerlifting and Bench Press Championships will take place May Long Weekend (ie: Victoria Day).

###### **Reasoning:**

I added a second option, May Long Weekend, which would put it >60 days after the last day Nationals can be held. This should be long enough to regroup after Nationals and being before summer should make it easier to attract lots of lifters.

**ACTION: SPA Exec to take proposal to CPU to for fixed date for Western Championships**

**Team Competition at Provincial Championship (Lucas Tetreault, Chris) - Carried Current Wording:**

5. C) At every provincial championship, there will be a team/club competition included in the contest. Teams or clubs are defined in the SPA constitution, Article XV. A yearly award will be developed and presented to the winning team to be kept at their training centre until the next Provincial Championship, at which time the winning team/club will be responsible for returning the award to the Provincial President. A keeper plaque will also be given to the winning team/club to keep at their training centre. For the purposes of the team/club competition at Provincials, a team will be comprised of the top 3 powerlifter wilks and top 2 bench only wilks combined to give the team score. This is the maximum, but a team can contain less than stated and still compete in the team/club contest.

**Proposed Wording:**

5. C) At every provincial championship, there will be a team/club competition included in the contest. Teams or clubs are defined in the SPA constitution, Article XV. A yearly award will be developed and presented to the winning team to be kept at their training centre until the next Provincial Championship, at which time the winning team/club will be responsible for returning the award to the Provincial President. A keeper plaque will also be given to the winning team/club to keep at their training centre. For the purposes of the team/club competition at Provincials, a team will be comprised of **the top two Classic Powerlifter wilks, Equipped Powerlifter wilks, Classic Bench Only wilks and Equipped Bench Only wilks (one of the Powerlifting wilks must be a female lifter)** combined to give the team score. This is the maximum, but a team can contain less than stated and still compete in the team/club contest.

~~To be eligible for the team/club competition, an official from the team/club must have served as either referee, technical controller or jury member for at least one session of the provincial championship. Exceptions may be made at the discretion of the SPA President if a club offered a referee but all available spots were already filled. (Friendly amendment-Ryan, Lucas)~~

**Reasoning:**

With the current wording, teams with equipped lifters have an advantage over teams without any equipped lifters. The new wording will ensure that teams are comprised of a mix of classic and equipped lifters as well as ensuring a woman is included. With the new wording, a club that wins the competition will represent all styles of powerlifting and would need to be very well rounded.

**Teams and Clubs (Lucas Tetreault, Amy) – Defeated**

**Current Wording:**

B) A team or club is defined as:

1. being registered with the SPA.
2. any number of lifters training together on a regular basis (at least once a week).

**Proposed wording:**

B) A team or club is defined as:

1. being registered with the SPA.
2. any number of lifters training together on a regular basis (at least once a week).

**3. a minimum of one Provincial or higher level referee who referees a meet in Saskatchewan at least once every calendar year (deadline to be compliant is the 2018 SPA AGM)**

**4. hosts a full 3-lift competition at least once every 2 calendar years (deadline to be compliant is the 2019 SPA AGM)**

**Reasoning:**

Teams/clubs should exist not solely for the purpose of the club award at the Provincial Championships. They should serve as a means to grow the powerlifting community locally and in our Province. They should encourage involvement and support in the larger community and not just inside the walls of their own gym.

***Nationals Qualification: (Lucas Tetreault, Ryan Stinn) - Carried***

**Current Wording:**

C) All competitors wishing to participate in the CPU National Championships must, in addition to part B), be considered by the SPA Executive as an "Active Participant" of the sport. An "Active Participant" is defined as:

1. Someone who has competed or who was a volunteer at a provincial or higher level championship within the last year excluding the previous year's Nationals.
2. Someone who meet directs or co-meet directs a provincial or higher level championship within the previous 18 months.
3. Other as determined by the SPA Executive

**Proposed Wording:**

C) All competitors wishing to participate in the CPU National Championships must, in addition to part B), be considered by the SPA Executive as an "Active Participant" of the sport. An "Active Participant" is defined as:

- 1. Someone who has competed or volunteered at the Saskatchewan Provincial Championships within the previous 12 months.**
- 2. Someone who meet directs or co-meet directs a provincial or higher level championship within the previous 12 months.**
- 3. Someone who has competed at an international competition within the previous 12 months or will be competing at an international competition within 12 weeks of the date of the provincial championships.**
- 4. Other as determined by the SPA Executive**

**Reasoning:**

Powerlifting is the only sport I have ever participated in that allows athletes to skip provincial and regional championships and compete at the national championships. The provincial championships should be a showcase of the best talent in the province and a stepping stone to higher level competitions.

Since 2008, of the athletes on the provincial team we have sent to nationals on average only 37% competed at the previous year's provincial Championships. That means that 63% of our best lifters skipped our province's premiere event.

Year	Competed at Nationals	Competed at Nationals and Previous Year's Provincials
2008	15	6
2009	25	9
2010	17	8
2011	11	5
2012	26	5
2013	27	8
2014	27	8
2015	44	16
2016	74	22
2017	20	13

More experienced athletes also tend to forego the provincial championships more often than less experienced athletes:

Nationals Attended	Provincials Attended	Provincials / Nationals
1	0.74	0.74
2	1.48	0.74
3	1.36	0.45
4	3	0.75
5	3.4	0.68
6	6	1
7	3.25	0.46
8	3	0.375
9	2	0.22
10	1.5	0.15

To continue to grow our sport in this province we need to make sure the Provincial Championships is a competition worth aspiring to.

\*\*\* The above data was gathered from the CPU Lifter Database and analyzed programmatically. The quality of the data is not very good so these numbers are most likely not completely accurate.

#### **Article V – Government (Ryan Fowler, Chris) - Carried**

1. Add:

6. Should an executive council member resign between election years, the executive council will appoint an interim member until the next AGM at which time an election will take to fill the executive council position for the remainder of the term.

Rationale: This clarifies the process we are currently following and puts it into the constitution.

#### **Article XV – Membership (Ryan Fowler, Heidi) - Carried**

2. Remove:

2. C) An Associate Member is a person who would like to support the SPA but does not wish to or is no able to compete in any competition. He or she may not run for office in the association or lift at any competition.

Rationale: Associate members are not needed any longer as there is no way to use those numbers for SaskSport recognition.

#### **Article XV – Membership (Ryan Fowler, Heidi) - Carried**

3. Remove:

3. C) Associate Member \$2.00

Rationale: Removing the associate member means we need to remove the charge as well.

Article XVI – Competition

#### **4. Competition: Sanction Defined (Ryan Fowler, Ryan Stinn) - Carried**

Current Wording:

2. B) A Championship Meet sanction shall come under full scrutiny of the SPA executive. A championship is open to all SPA/CPU card holders who are in good standing. A championship is open to both sexes. The SPA reserves the right to withdraw its sanction at any given point up to and thru-out the meet.

Proposed Wording:

2. B) The Provincial Championship shall come under full scrutiny of the SPA executive. The Provincial Championship is a closed meet and only CPU members who are also SPA members are eligible to compete. There is to be no guest lifters. The SPA reserves the right to withdraw its sanction at any given point up to and thru-out the championship.

Rationale: Our Provincial Championship needs to be just that, a provincial championship for SPA members.

#### **5. Competition: Sanction Defined (Ryan Fowler, Chris) - Carried**

Current Wording:

2.D) All competitions held within the province at a Provincial level or lower must receive sanction from the SPA executive. Meet directors must complete and submit a completed SPA Sanction Form to receive a sanction for the competition.

Proposed Wording:

2.D) All competitions held within the province at a Provincial level or lower must receive sanction from the SPA executive. **All sanctioned competitions must include Powerlifting and Bench Press Only competitions.** Prior approval from the SPA Executive is required to hold a sanctioned competition without Powerlifting or Bench Press Only. Meet directors must complete and submit a completed SPA Sanction Form to receive a sanction for the competition.

#### **6. Competition: Sanctioned Meet (Ryan Fowler, Tania) - Carried**

Current Wording:

3. A) The fee shall be \$25.00 for SPA members, \$75.00 for non-members, and must be received by the Treasurer one month in advance of the competition.

Proposed Wording

3. A) The fee shall be \$50.00 and must be received upon awarding of the sanction for the competition.

Rationale: We have not increased our sanction fee ever. The sanction fee allows the SPA to continue to grow its reach and meet the mandate.

#### **7. Competitions: Qualifications (Ryan Fowler, Chris) - Carried**

Current Wording:

4. A) For all Provincial Championship, Open of Club meets the SPA shall not maintain a qualifying total.

Proposed Wording:

4. A) Any athlete wishing to lift at their first SPA Provincial Championship must qualify for the provincial championship. The qualification standard shall be recording a total in a lower level competition. Recording a 3 lift total shall qualify the athlete for 3 lift and bench only while recording a bench only total shall only qualify the athlete for bench only.

Rationale: There is need for a qualification process for Provincials. This is a start in that provincials can't be an athletes first competition, making our Provincials a higher calibre meet with a qualification standard.

#### **8. Competitions: Provincial Championships (Ryan Fowler, Rhaea) - Carried**

Current Wording:

5. B) The SPA Provincial Championship is open to any Saskatchewan resident that is an SPA member, and no others. If CPU members wish to participate in the contest, they may do so at the meet directors discretion, however they will be listed as Guest lifters on the official results, and will not affect the class results of Saskatchewan lifters.

Proposed Wording:





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5. B) The SPA Provincial Championship is open to any Saskatchewan resident that is an SPA member, and no others.

Rationale: We need to close our provincial championship to just SPA lifters. There is no need to allow guest lifters.

#### **9. Competitions: Referees (Ryan Stinn, Chris) - Carried**

Current Wording:

6. B) A Provincially Certified Referee must sit as a referee as a minimum of three times per election period with any level of meet counting towards this requirement.

Proposed Wording:

6. B) A Provincially Certified Referee must sit as a referee as a minimum of three times per election period with any level of meet counting towards this requirement. One session may be a Bench Only session and one session may be as a Technical Controller. Failure to meet this requirement shall result in the loss of referee certification.

Rationale: Allowing referees to count a bench only session and a technical controller session towards their total is important in allowing referees enough opportunity to maintain their qualifications. Adding in what happens if you don't meet the requirement just cleans up the bylaw.

#### **10. Competitions: Referees (Ryan Fowler, Rhaea) - Carried**

Add:

6. D) Referees shall be compensated as per the payment schedule listed. The SPA will invoice the meet director and issue cheques for compensation.

Daily amounts:

Bench Only session: \$20

First 3 lift session: \$40

Second 3 lift session: \$80

A referee is not allowed to referee a third 3 lift session.

#### **Amendment: (Lucas, Julie) – Defeated**

Change: Second 3 lift session: \$40

Rationale: Referees need to be compensated for the work they do in running the meets. This formalizes what referees will be compensated for in the province at a minimum. If a meet director chooses to do more, they may do so.

#### **Article XI Duties of the technical chairman (Marc Morris, Chris) - Carried**

Current Wording:

1. The Technical Chairman shall be responsible for all testing of provincial referees.

2. The Technical Chairman will keep in constant communication with the National Officiating Chairperson concerning developments that involve referees, and changes to the technical rules



Proposed Wording:

3. The Technical Chairperson is responsible for organizing an equitable bidding process.

The bidding system includes:

- 1) Once the yearly competition schedule is released, all referees are assigned a random lot number
- 2) Based on lot number, each referee selects a primary competition
- 3) Based on reverse lot number, a second optional round of competition selection is offered.
- 4) The remainder of the referee schedule will be filled based on the discretion of the technical chairperson.

Reasoning:

The number of referees within the province has increased and we want to continue to support additional referees within our membership. If referees are responsible for maintaining their credentials and skills, they need to be provided equal opportunity to referee various competitions through out the year. This change will ensure that each referee is offered an opportunity to participate in desired competitions in a fair and equitable manner, as opposed to a 'first come, first served' basis.

## **Article XVII – Records, Awards, Classifications, and Rankings (Amy Morris, Lucas) - Carried**

2. Saskatchewan Powerlifting Association Hall of Fame

Current Wording:

A) The SPA Hall of Fame will consist of two categories, Athlete and Builder, with criteria defined in 2.A) i) and ii).

i) Athlete - This award will be presented to an athlete who best exemplifies the perseverance, dedication and excellence needed to compete as a powerlifter. The athlete must have lifted for a minimum of 5 years with the SPA, with a lifetime clean doping control record.

ii) Builder – This award will be presented to a person who has committed to building the SPA and promoting powerlifting within the province. The builder will have been committed to the SPA for a minimum of 5 years, focusing on the growth and development of the sport of powerlifting in Saskatchewan.

B) Nominations shall be submitted to the President at least one week prior to the AGM. The SPA executive will determine the award winners.

C) An award to honour the recipients will be presented at the Provincial Championships.

D) These awards will not necessarily be given out each year if there are no suitable nominations

Proposed Wording:

E) A current member of the SPA executive may not be nominated for the athlete or builder award.



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**Future Provincial Championships**

2018 bids

Saskatoon (Meet Directors: Marc Morris, Amy Morris, Carolyn Tran)

-Executive will meet and discuss

**Adjourn** (Carolyn)