

Special Olympics Men's Powerlifting Provincial Records

SQUAT

53.0				
59.0	78.0	Randy Luzny	28-Jun-14	Moose Jaw, SK
66.0	85.0	Thomas Wright	13-Sept-14	Regina, SK
74.0	90.0	Thomas Wright	19-Dec-15	Moose Jaw, SK
83.0	60.0	Houston Berg	14-April-18	Saskatoon, SK
93.0	112.5	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	180.0	Aaron Higgins	29-Jul-17	Regina, SK
120.0	75.0	Jordan Vassell	16-Apr-17	Saskatoon, SK
120.0+				

BENCH PRESS

53.0				
59.0	67.5	Randy Luzny	18-Jun-11	Moose Jaw, SK
66.0	60.0	Randy Luzny	16-Apr-17	Saskatoon, SK
74.0	72.5	Braden Skilliter	16-Apr-17	Saskatoon, SK
83.0	55.0	Adam Sanden	13-Sept-14	Regina, SK
93.0	75.0	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	107.5	Aaron Higgins	29-Jul-17	Regina, SK
120.0	77.5	Peter Mark	26-Aug-17	Regina, SK
120.0+				

DEADLIFT

53.0				
59.0	105.0	Randy Luzny	13-Sept-14	Regina, SK
66.0	112.5	Jordan Upshall	16-Apr-17	Saskatoon, SK
74.0	132.5	Braden Skilliter	16-Apr-17	Saskatoon, SK
83.0	92.5	Jordan Seitz	21-May-16	Regina, SK
93.0	127.5	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	152.5	Aaron Higgins	26-Aug-17	Regina, SK
120.0	142.5	Peter Mark	26-Aug-17	Regina, SK
120.0+				

TOTAL

53.0				
59.0	245.0	Randy Luzny	28-Jun-14	Moose Jaw, SK
66.0	247.5	Jordan Upshall	16-Apr-17	Saskatoon, SK
74.0	280.0	Braden Skilliter	2-Apr-16	Saskatoon, SK
83.0	197.5	Adam Sanden	13-Sept-14	Regina, SK
93.0	315.0	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	437.5	Aaron Higgins	29-Jul-17	Regina, SK
120.0	295	Peter Mark	26-Aug-17	Regina, SK
120.0+				

BENCH PRESS ONLY

53.0				
59.0	67.5	Randy Luzny	18-Jun-11	Moose Jaw, SK
66.0	60.0	Randy Luzny	16-Apr-17	Saskatoon, SK
74.0	70.0	Braden Skilliter	2-Apr-16	Saskatoon, SK
83.0	55.0	Adam Sanden	13-Sept-14	Regina, SK
93.0	75.0	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	107.5	Aaron Higgins	29-Jul-17	Regina, SK
120.0	62.5	Peter Mark	29-Jul-17	Regina, SK
120.0+				

Special Olympics Women's Powerlifting Provincial Records

SQUAT

43.0

47.0

52.0

57.0

63.0 28.5

Shari Debelser

14-April-18

Saskatoon, SK

72.0

84.0

84.0+

BENCH PRESS

43.0

47.0

52.0

57.0

63.0 31.0

Shari Debelser

14-April-18

Saskatoon, SK

72.0

84.0

84.0+

DEADLIFT

43.0

47.0

52.0

57.0

63.0 42.5

Shari Debelser

14-April-18

Saskatoon, SK

72.0

84.0

84.0+

TOTAL

43.0

47.0

52.0

57.0

63.0 102.0

Shari Debelser

14-April-18

Saskatoon, SK

72.0

84.0

84.0+

BENCH PRESS ONLY

43.0

47.0

52.0

57.0

63.0 31.0

Shari Debelser

14-April-18

Saskatoon, SK

72.0

84.0

84.0+