

## Saskatchewan Powerlifting Association Top 10 Female Powerlifters

Rank	Name	Bodyweight	Weight Class	Squat	Bench Press	Deadlift	Total	Wilks	Date	Location	Contest
1	Rhaea Stinn	71.92	72	252.5	172.5	210.0	635.0	620.27	16-Nov-17	Pilsen, Czech Republic	2017 World Open Championships
2	Taunia Stevens	68.21	72	205.0	147.5	185.0	537.5	544.54	13-Sep-14	Regina, SK	Saskatchewan Provincials 2014
3	Melanie Ziffle	56.57	57	180.0	105.0	177.5	462.5	539.65	08-Jul-15	Moose Jaw, SK	North American's 2015
4	Shantelle Szuch	62.72	63	177.5	100.0	190.0	467.5	503.78	16-Nov-16	Orlando, Florida	2016 World Open Championships
5	Jessica Buettner	71.68	72	181.5	95.0	227.5	504.0	493.37	12-Jun-18	Calgary, AB	IPF Worlds 2018
6	Carolyn Tran	59.05	63	150.0	95.0	160.0	405.0	457.16	19-May-18	Regina, SK	War of the West 2018
7	Mikayla Lohse	51.94	52	141.0	62.5	156.5	360.0	449.17	08-Sep-17	Winnipeg, MB	2017 Western Canadian Championships
8	Brittney Bergen	56.86	57	142.5	82.5	160.0	385.0	447.60	15-Aug-16	St. Croix, US Virgin Islands	North American's 2016
9	Charlene Cossar	67.83	72	165.0	90.0	182.5	437.5	444.97	29-Sep-18	Saskatoon, SK	Saskatchewan Provincials 2018
10	Danielle Clavella	75.87	84	180.0	85.0	190.0	455.0	429.46	29-Sep-18	Saskatoon, SK	Saskatchewan Provincials 2018

As of October 26, 2018

