

Special Olympics Men's Powerlifting Provincial Records

SQUAT

| | | | | |
|--------|-------|----------------|-------------|---------------|
| 53.0 | | | | |
| 59.0 | 78.0 | Randy Luzny | 28-Jun-14 | Moose Jaw, SK |
| 66.0 | 85.0 | Thomas Wright | 13-Sept-14 | Regina, SK |
| 74.0 | 90.0 | Thomas Wright | 19-Dec-15 | Moose Jaw, SK |
| 83.0 | 60.0 | Houston Berg | 14-April-18 | Saskatoon, SK |
| 93.0 | 112.5 | Aaron Higgins | 5-Sept-15 | Weyburn, SK |
| 105.0 | 180.0 | Aaron Higgins | 29-Jul-17 | Regina, SK |
| 120.0 | 75.0 | Jordan Vassell | 16-Apr-17 | Saskatoon, SK |
| 120.0+ | 27.5 | DJ Bercotte | 20-Apr-19 | Saskatoon, SK |

BENCH PRESS

| | | | | |
|--------|-------|------------------|------------|---------------|
| 53.0 | | | | |
| 59.0 | 67.5 | Randy Luzny | 18-Jun-11 | Moose Jaw, SK |
| 66.0 | 60.0 | Randy Luzny | 16-Apr-17 | Saskatoon, SK |
| 74.0 | 72.5 | Braden Skilliter | 16-Apr-17 | Saskatoon, SK |
| 83.0 | 55.0 | Adam Sanden | 13-Sept-14 | Regina, SK |
| 93.0 | 75.0 | Aaron Higgins | 5-Sept-15 | Weyburn, SK |
| 105.0 | 107.5 | Aaron Higgins | 29-Jul-17 | Regina, SK |
| 120.0 | 77.5 | Peter Mark | 26-Aug-17 | Regina, SK |
| 120.0+ | 32.5 | DJ Bercotte | 20-Apr-19 | Saskatoon, SK |

DEADLIFT

| | | | | |
|--------|-------|------------------|------------|---------------|
| 53.0 | | | | |
| 59.0 | 105.0 | Randy Luzny | 13-Sept-14 | Regina, SK |
| 66.0 | 112.5 | Jordan Upshall | 16-Apr-17 | Saskatoon, SK |
| 74.0 | 132.5 | Braden Skilliter | 16-Apr-17 | Saskatoon, SK |
| 83.0 | 92.5 | Jordan Seitz | 21-May-16 | Regina, SK |
| 93.0 | 127.5 | Aaron Higgins | 5-Sept-15 | Weyburn, SK |
| 105.0 | 152.5 | Aaron Higgins | 26-Aug-17 | Regina, SK |
| 120.0 | 142.5 | Peter Mark | 26-Aug-17 | Regina, SK |
| 120.0+ | 47.5 | DJ Bercotte | 20-Apr-19 | Saskatoon, SK |

TOTAL

| | | | | |
|--------|-------|------------------|------------|---------------|
| 53.0 | | | | |
| 59.0 | 245.0 | Randy Luzny | 28-Jun-14 | Moose Jaw, SK |
| 66.0 | 247.5 | Jordan Upshall | 16-Apr-17 | Saskatoon, SK |
| 74.0 | 280.0 | Braden Skilliter | 2-Apr-16 | Saskatoon, SK |
| 83.0 | 197.5 | Adam Sanden | 13-Sept-14 | Regina, SK |
| 93.0 | 315.0 | Aaron Higgins | 5-Sept-15 | Weyburn, SK |
| 105.0 | 437.5 | Aaron Higgins | 29-Jul-17 | Regina, SK |
| 120.0 | 295 | Peter Mark | 26-Aug-17 | Regina, SK |
| 120.0+ | 27.5 | DJ Bercotte | 20-Apr-19 | Saskatoon, SK |

BENCH PRESS ONLY

| | | | | |
|--------|-------|------------------|------------|---------------|
| 53.0 | | | | |
| 59.0 | 67.5 | Randy Luzny | 18-Jun-11 | Moose Jaw, SK |
| 66.0 | 60.0 | Randy Luzny | 16-Apr-17 | Saskatoon, SK |
| 74.0 | 70.0 | Braden Skilliter | 2-Apr-16 | Saskatoon, SK |
| 83.0 | 55.0 | Adam Sanden | 13-Sept-14 | Regina, SK |
| 93.0 | 75.0 | Aaron Higgins | 5-Sept-15 | Weyburn, SK |
| 105.0 | 107.5 | Aaron Higgins | 29-Jul-17 | Regina, SK |
| 120.0 | 62.5 | Peter Mark | 29-Jul-17 | Regina, SK |
| 120.0+ | 32.5 | DJ Bercotte | 20-Apr-19 | Saskatoon, SK |

Special Olympics Women's Powerlifting Provincial Records

SQUAT

43.0

47.0

52.0

57.0

63.0

32.0

Shari Debelser

20-Apr-19

Saskatoon, SK

72.0

84.0

84.0+

BENCH PRESS

43.0

47.0

52.0

57.0

63.0

31.5

Shari Debelser

20-Apr-19

Saskatoon, SK

72.0

84.0

84.0+

DEADLIFT

43.0

47.0

52.0

57.0

63.0

46.0

Shari Debelser

20-Apr-19

Saskatoon, SK

72.0

84.0

84.0+

TOTAL

43.0

47.0

52.0

57.0

63.0

109.5

Shari Debelser

20-Apr-19

Saskatoon, SK

72.0

84.0

84.0+

BENCH PRESS ONLY

43.0

47.0

52.0

57.0

63.0

31.5

Shari Debelser

20-Apr-19

Saskatoon, SK

72.0

84.0

84.0+