Top 10 Classic Men - IPF Points

Rank	Name	Bodyweight	Weight Class	Squat	Bench	Deadlift	Total	IPF Points	Date	Location	Contest
1	Cameron Preymack	72.87	74	225.0	160.0	267.5	652.5	719.27	21-Sep-19	St. John's, NL	2019 Commonwealth Championship
2	Daniel Heintz	73.84	74	250.0	145.0	257.5	695.0	712.37	03-Mar-19	Ottawa, ON	2019 CPU Nationals
3	Neil Tkatchuk	92.55	93	262.5	165.0	290.0	717.5	678.67	13-Jul-19	Martensville, SK	Sask Northern Open
4	Allen Yeung	72.85	74	225.0	152.5	237.5	615.0	673.19	03-Mar-19	Ottawa, ON	2019 CPU Nationals
5	Jarek Rhode	91.2	93	255.0	150.0	287.5	692.5	659.23	03-Mar-19	Ottawa, ON	2019 CPU Nationals
6	Timothy Zelensky	77.75	83	207.5	142.5	252.5	602.5	627.41	20-Apr-19	Saskatoon, SK	Synergy Open
7	Justin Kwan	72.31	74	200.0	132.5	232.5	565.0	614.97	03-Mar-19	Ottawa, ON	2019 CPU Nationals
8	Jon De Witt	116.95	120	272.5	180.0	290.0	742.5	613.77	07-Sep-19	Saskatoon, SK	CPU Western Championships
9	Raymond Hicke	142.44	120+	312.5	205.0	295.0	812.5	611.03	07-Sep-19	Saskatoon, SK	CPU Western Championships
10	Brett Lund	101.25	105	250.0	170.0	265.0	685.0	609.72	18-May-19	Regina, SK	War of the West

Top 10 Classic Women - IPF Points

Rank	Name	Bodyweight	Weight Class	Squat	Bench	Deadlift	Total	IPF Points	Date	Location	Contest
1	Jessica Buettner	71.5	72	197.5	97.5	237.5	532.5	873.40	04-Jun-19	Helsingborg, SWE	2019 IPF Classic World Championships
2	Rashenna Grzybowski	81.23	84	172.5	90.0	192.5	455.0	704.26	21-Sep-19	St. John's, NL	2019 Commonwealth Championship
3	Kirstie Armstead	61.89	63	145.0	80.0	167.5	392.5	687.55	03-Mar-19	Ottawa, ON	2019 CPU Nationals
4	Janadine Augustine	78.99	84	160.0	90.0	180.0	430.0	673.76	03-Mar-19	Ottawa, ON	2019 CPU Nationals
5	Holly Edwards	61.45	63	132.5	70.0	172.0	374.5	657.47	20-Apr-19	Saskatoon, SK	Synergy Open
6	Milayna Goruick	62.85	63	130.0	75.0	172.5	377.5	655.61	18-May-19	Regina, SK	War of the West
7	Taylor Leonhardt	71.28	72	147.5	80.0	155.0	382.5	626.65	20-Apr-19	Saskatoon, SK	Synergy Open
8	Amanda Bristol	97.42	84+	162.5	87.5	185.0	435.0	626.29	03-Mar-19	Ottawa, ON	2019 CPU Nationals
9	Julie Mushynshy	61.65	63	137.5	57.5	162.5	357.5	625.77	13-Jul-19	Martensville, SK	Sask Northern Open
10	Jessica Hemauer	56.95	57	122.5	67.5	152.5	342.5	622.67	20-Apr-19	Saskatoon, SK	Synergy Open

Top 10 Equipped Men - IPF Points

Rank	Name	Bodyweight	Weight Class	Squat	Bench	Deadlift	Total	IPF Points	Date	Location	Contest
1	Aaron Ziffle	92.91	93	315.0	227.5	260.0	802.5	618.15	03-Mar-19	Ottawa, ON	2019 CPU Nationals
2	Ryan Stinn	136.51	120+	385.0	275.0	325.0	985.0	616.33	03-Mar-19	Ottawa, ON	2019 CPU Nationals
3	Dylan Moldovan	91.03	93	295.0	190.0	285.0	770.0	602.12	03-Mar-19	Ottawa, ON	2019 CPU Nationals
4	John Odgers	92.32	93	250.0	200.0	285.0	735.0	572.90	12-Jan-19	Saskatoon, SK	Rise Strength Open
5	Austen Zentner	104.75	105	280.0	180.0	257.5	717.5	524.50	31-Aug-19	Regina, SK	2019 IPF Junior World Championship
6	Jeremy Lundgren	133.95	120+	290.0	192.5	250.0	732.5	475.15	12-Jan-19	Saskatoon, SK	Rise Strength Open
7	Russell Agnew	117.29	120	0.0	0.0	0.0	0.0	52.31	03-Mar-19	Ottawa, ON	2019 CPU Nationals
8											
9											
10											

Top 10 Equipped Women - IPF Points

Rank	Name	Bodyweight	Weight Class	Squat	Bench	Deadlift	Total	IPF Points	Date	Location	Contest
1	Rhaea Stinn	72.01	84	235.0	185.0	210.0	630.0	755.22	03-Mar-19	Ottawa, ON	2019 CPU Nationals
2	Shantelle Szuch	62.48	63	180.5	97.5	172.5	450.5	603.70	03-Mar-19	Ottawa, ON	2019 CPU Nationals
3	Charlene Cossar	69.54	72	180.0	102.5	190.0	472.5	601.31	03-Mar-19	Ottawa, ON	2019 CPU Nationals
4	Mikayla Lohse	56.64	57	157.5	82.5	171.0	411.0	583.56	03-Mar-19	Ottawa, ON	2019 CPU Nationals
5	Kaylee Maruska	71.77	72	165.0	105.0	175.0	445.0	565.64	31-Aug-19	Regina, SK	2019 IPF Sub-Junior World Championship
6	Brianna Swyryda	83.09	84	150.0	80.0	132.5	362.5	457.12	31-Aug-19	Regina, SK	2019 IPF Sub-Junior World Championship
7	Lindy Grasdal	119.13	84+	162.5	92.5	162.5	417.5	456.19	13-Jul-19	Martensville, SK	Sask Northern Open
8	Natalie Hastings	61.83	63	110.0	65.0	112.5	287.5	424.89	31-Aug-19	Regina, SK	2019 IPF Sub-Junior World Championship
9											
10											