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President's Report

October 25, 2019

As I prepared for this year's AGM and reflected not only on this year, but on the last 14 years of being the President of the SPA and the changes and growth in the sport and within the SPA. We continue to see new lifters coming and the level of lifting continues to improve. Thank you to everyone who has contributed this past year to the SPA and its success.

The SPA sanctioned 6 competitions in the last year and had to cancel one due to lack of registrations. Building the calendar to best accommodate all of the National and International events while also providing opportunities for athletes to qualify for Regionals and Nationals continues to be an evolving process and one that the SPA executive will monitor as the IPF and CPU change their own calendars.

In terms of lifting this year, our Provincial team was once again very large with Nationals being held in Ottawa. We were able to again secure Provincial team sponsors and provided each lifter attending Nationals with a Team Saskatchewan hoodie and t-shirt. We also had a number of our lifters compete on the international scene this past year at the various World Championships. Congratulations to all lifters on representing Canada and Saskatchewan at the National and World level!

SPA members also hosted two major championships this past year. The IPF Sub-Junior and Junior World Championships was held in Regina with half of Team Canada being made up of SPA members. Saskatoon was host to the Western Canadian Championship and had a great showing of SPA members.

In closing, I want to thank the membership for allowing me to serve in the capacity as president. I believe that with the hard work and dedication of all of our members, we can continue to make the SPA the leader in powerlifting in the country. I also want to thank Heidi and my team of volunteers for running this year's provincial championship. I wish everyone a strong and successful upcoming year.

Yours in Lifting,

Ryan Fowler

Saskatchewan Powerlifting Association President