

Saskatchewan **Powerlifting**

2020 Calendar of Important Dates

Updated January 8, 2020

January	18	Rise Strength Lab Open Saskatoon, SK Info: Russ Agnew, platformsportscoaching@gmail.com
February	1	SPA Provincial Team Training Camps* Trench Fitness: Regina, SK Info: Krista Sali, kristasali@live.com
	15	SPA Provincial Team Training Camps* Rise Strength Lab: Saskatoon, SK Info: Russ Agnew, platformsportscoaching@gmail.com
March	3-7	CPU National Championships Winnipeg, MB
April	25	Synergy Strength Open Saskatoon, SK Info: Carolyn Tran, carolyn.d.tran@gmail.com
	26-May 3	IPF Master Classic and Equipped Worlds Sun City, South Africa
May	16	Foundation Open Regina, SK Info: Jaime Otitoju, jamie@foundationfitness.ca
	16-23	IPF Classic and Equipped Bench Press Pilsen, Czech Republic
June	12-21	IPF Sub-Junior, Junior, Open Classic Worlds Minsk, Belarus
July	6-11	IPF World University Classic Sharjah, UAE
	18	Sask Northern Open Martensville, SK Info: Gwen Grasdall, gwengrasdal@yahoo.com
	19-25	NAPF North American Championships Georgetown, Cayman Islands
August	15	Deadline for Resolutions for Constitutional Changes at AGM Submit to secretary@saskpowerlifting.ca
	15	Deadline for 2021 SPA Open Meet Applications Submit to secretary@saskpowerlifting.ca
	28-30	CPU Western Canadian Championships Burnaby, BC Info: Gabe and Bette Festing, 2020cpuwesterns@gmail.com
September	Aug 31-Sept 5	IPF Sub-Junior and Junior Equipped Worlds Birmingham, Alabama
	25	SPA Annual General Meeting Moose Jaw, SK
	26-27	SPA Provincial Championship Moose Jaw, SK Info: Ryan Stinn, stinndler@gmail.com
October	22-24	NAPF North American Bench Press Championships San Juan, Puerto Rico
November	2-7	IPF Equipped Open World Championship Stavanger, Norway
December	19	Last Chance Weyburn, SK Info: Ryan Fowler, ryan.g.fowler@gmail.com

* Open to SPA athletes registered to compete at the 2020 CPU National Championships

Pending Events

CPU Coaching certification

SPA Executive Meetings

December 11, 2019 – CPU AGM Submissions
 February 1, 2020 (Regina, SK) – CPU AGM Agenda Discussion
 May, 2020 – Executive Planning
 August, 2020 – SPA AGM Submissions
 October, 2020 – SPA AGM Agenda Discussion
 November, 2020 – SPA AGM Follow Up