

Open Powerlifting Provincial Records

SQUAT

72.0 257.5 Rhaea Stinn 8-Nov-18 Halmstad, Sweden

BENCH PRESS

72.0 186.0 Rhaea Stinn 8-Nov-18 Halmstad, Sweden

DEADLIFT

72.0 250.0 Jessica Buettner 3-Mar-20 Winnipeg, MB

TOTAL

72.0 658.5 Rhaea Stinn 8-Nov-18 Halmstad, Sweden

BENCH PRESS ONLY

72.0 186.0 Rhaea Stinn 8-Nov-18 Halmstad, Sweden

Sub-Junior Powerlifting Provincial Records

SQUAT

72.0 160.0 Kaylee Maruska 3-Mar-19 Ottawa, ON

BENCH PRESS

72.0 93.0 Kaylee Maruska 4-Nov-18 Weyburn, SK

DEADLIFT

72.0 162.5 Kaylee Maruska 3-Mar-19 Ottawa, ON

TOTAL

72.0 415.5 Kaylee Maruska 3-Mar-19 Ottawa, ON

BENCH PRESS ONLY

72.0 93.0 Kaylee Maruska 4-Nov-18 Weyburn, SK

Junior Powerlifting Provincial Records

SQUAT

72.0 181.5 Jessica Buettner 12-Jun-18 Calgary, AB

BENCH PRESS

72.0 110.0 Kaylee Maruska 18-Jan-20 Saskatoon, SK

DEADLIFT

72.0 227.5 Jessica Buettner 12-Jun-18 Calgary, AB

TOTAL

72.0 504.0 Jessica Buettner 12-Jun-18 Calgary, AB

BENCH PRESS ONLY

72.0 110.0 Kaylee Maruska 18-Jan-20 Saskatoon, SK

Master I Powerlifting Provincial Records

SQUAT

72.0 180.0 Shantelle Szuch 27-Oct-19 Weyburn, SK

BENCH PRESS

72.0 95.0 Shantelle Szuch 27-Oct-19 Weyburn, SK

DEADLIFT

72.0 186.0 Shantelle Szuch 3-Mar-20 Winnipeg, MB

TOTAL

72.0 460.5 Shantelle Szuch 27-Oct-19 Weyburn, SK

BENCH PRESS ONLY

72.0 95.0 Shantelle Szuch 27-Oct-19 Weyburn, SK

Master II Powerlifting Provincial Records

SQUAT

72.0 122.5 Mava Brydges 3-Mar-20 Winnipeg, MB

BENCH PRESS

72.0 75.0 Mava Brydges 3-Mar-20 Winnipeg, MB

DEADLIFT

72.0 135.0 Laurie Meschishnick 25-Jan-14 Saskatoon, SK

TOTAL

72.0 322.5 Mava Brydges 3-Mar-20 Winnipeg, MB

BENCH PRESS ONLY

72.0 77.5 Mava Brydges 26-Oct-19 Weyburn, SK

Master III Powerlifting Provincial Records

SQUAT

72.0 122.5 Mava Brydges 3-Mar-20 Winnipeg, MB

BENCH PRESS

72.0 75.0 Mava Brydges 3-Mar-20 Winnipeg, MB

DEADLIFT

72.0	125.0	Mava Brydges	3-Mar-20	Winnipeg, MB
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TOTAL

72.0	322.5	Mava Brydges	3-Mar-20	Winnipeg, MB
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BENCH PRESS ONLY

72.0	77.5	Mava Brydges	26-Oct-19	Weyburn, SK
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