

## Special Olympics Men's Provincial Records

### SQUAT

53.0		No Record		
59.0	78.0	Randy Luzny	28-Jun-14	Moose Jaw, SK
66.0	85.0	Thomas Wright	13-Sept-14	Regina, SK
74.0	90.0	Thomas Wright	19-Dec-15	Moose Jaw, SK
83.0	92.5	Thomas Wright	26-Oct-19	Weyburn, SK
93.0	112.5	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	180.0	Aaron Higgins	29-Jul-17	Regina, SK
120.0	175.0	Aaron Higgins	3-Oct-21	Moose Jaw, SK
120.0+	27.5	DJ Bercotte	20-Apr-19	Saskatoon, SK

### BENCH PRESS

53.0		No Record		
59.0	67.5	Randy Luzny	18-Jun-11	Moose Jaw, SK
66.0	60.0	Randy Luzny	16-Apr-17	Saskatoon, SK
74.0	72.5	Braden Skilliter	16-Apr-17	Saskatoon, SK
83.0	65.0	Thomas Wright	26-Oct-19	Weyburn, SK
93.0	75.0	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	112.5	Aaron Higgins	26-Oct-19	Weyburn, SK
120.0	110.0	Aaron Higgins	3-Oct-21	Moose Jaw, SK
120.0+	32.5	DJ Bercotte	20-Apr-19	Saskatoon, SK

### DEADLIFT

53.0		No Record		
59.0	105.0	Randy Luzny	13-Sept-14	Regina, SK
66.0	112.5	Jordan Upshall	16-Apr-17	Saskatoon, SK
74.0	132.5	Braden Skilliter	16-Apr-17	Saskatoon, SK
83.0	100.0	Thomas Wright	26-Oct-19	Weyburn, SK
93.0	127.5	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	157.5	Aaron Higgins	26-Oct-19	Weyburn, SK
120.0	162.5	Aaron Higgins	3-Oct-21	Moose Jaw, SK
120.0+	47.5	DJ Bercotte	20-Apr-19	Saskatoon, SK

### TOTAL

53.0		No Record		
59.0	245.0	Randy Luzny	28-Jun-14	Moose Jaw, SK
66.0	247.5	Jordan Upshall	16-Apr-17	Saskatoon, SK
74.0	280.0	Braden Skilliter	2-Apr-16	Saskatoon, SK
83.0	257.5	Thomas Wright	26-Oct-19	Weyburn, SK
93.0	315.0	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	440.0	Aaron Higgins	26-Oct-19	Weyburn, SK
120.0	447.5	Aaron Higgins	3-Oct-21	Moose Jaw, SK
120.0+	107.5	DJ Bercotte	20-Apr-19	Saskatoon, SK

### BENCH PRESS ONLY

53.0		No Record		
59.0	67.5	Randy Luzny	18-Jun-11	Moose Jaw, SK
66.0	60.0	Randy Luzny	16-Apr-17	Saskatoon, SK
74.0	70.0	Braden Skilliter	2-Apr-16	Saskatoon, SK
83.0	65.0	Thomas Wright	3-Oct-21	Moose Jaw, SK
93.0	75.0	Aaron Higgins	5-Sept-15	Weyburn, SK
105.0	112.5	Aaron Higgins	26-Oct-19	Weyburn, SK
120.0	110.0	Aaron Higgins	3-Oct-21	Moose Jaw, SK
120.0+	32.5	DJ Bercotte	20-Apr-19	Saskatoon, SK

## Special Olympics Women's Provincial Records

### SQUAT

43.0		No Record		
47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0	32.0	Shari Debelsler	20-April-19	Saskatoon, SK
69.0		No Record		
76.0		No Record		
84.0		No Record		
84.0+		No Record		

### BENCH PRESS

43.0		No Record		
47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0	31.5	Shari Debelsler	20-April-19	Saskatoon, SK
69.0		No Record		
76.0		No Record		
84.0		No Record		
84.0+		No Record		

### DEADLIFT

43.0		No Record		
47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0	46.0	Shari Debelsler	20-April-19	Saskatoon, SK
69.0		No Record		
76.0		No Record		
84.0		No Record		
84.0+		No Record		

### TOTAL

43.0		No Record		
47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0	109.5	Shari Debelsler	20-April-19	Saskatoon, SK
69.0		No Record		
76.0		No Record		
84.0		No Record		
84.0+		No Record		

### BENCH PRESS ONLY

43.0		No Record		
47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0	31.5	Shari Debelsler	20-April-19	Saskatoon, SK
69.0		No Record		
76.0		No Record		
84.0		No Record		
84.0+		No Record		