

Open Classic Provincial Records

SQUAT

| | | | | |
|-------|-------|--------------------|-----------|---------------------------------|
| 47.0 | 102.5 | Tatiana Thompson | 08-Sep-17 | Winnipeg, MB |
| 52.0 | 127.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 142.5 | Brittney Bergen | 15-Aug-16 | Saint Croix, U.S. Virgin Island |
| 63.0 | 153.0 | Amy Smith | 16-Feb-16 | Regina, SK |
| 69.0 | 120.0 | Melissa Bezborotko | 3-Oct-21 | Moose Jaw, SK |
| 76.0 | 210.5 | Jessica Buettner | 1-Oct-21 | Halmstad, SWE |
| 84.0 | 203.5 | Jessica Buettner | 21-Sep-19 | St. John's, NL |
| 84.0+ | 237.5 | Michelle Rennick | 3-Mar-20 | Winnipeg, MB |

BENCH PRESS

| | | | | |
|-------|-------|--------------------|-----------|---------------------------------|
| 47.0 | 55.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | 72.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 82.5 | Brittney Bergen | 15-Aug-16 | Saint Croix, U.S. Virgin Island |
| 63.0 | 87.5 | Amy Smith | 19-Dec-15 | Moose Jaw, SK |
| 69.0 | 67.5 | Melissa Bezborotko | 3-Oct-21 | Moose Jaw, SK |
| 76.0 | 105.0 | Jessica Buettner | 1-Oct-21 | Halmstad, SWE |
| 84.0 | 105.0 | Rhaea Fowler | 10-Apr-12 | Calgary, AB |
| 84.0+ | 110.0 | Tammie Shawcross | 19-May-18 | Regina, SK |

DEADLIFT

| | | | | |
|-------|-------|------------------|-----------|----------------|
| 47.0 | 120.0 | Kanako MacDonald | 19-Dec-15 | Moose Jaw, SK |
| 52.0 | 135.0 | Carissa Sideroff | 08-Sep-17 | Winnipeg, MB |
| 57.0 | 162.5 | Carolyn Tran | 20-May-17 | Regina, SK |
| 63.0 | 172.5 | Milayna Goruick | 18-May-19 | Regina, SK |
| 69.0 | 141.0 | Chelsea Wahl | 3-Oct-21 | Moose Jaw, SK |
| 76.0 | 247.5 | Jessica Buettner | 1-Oct-21 | Halmstad, SWE |
| 84.0 | 243.5 | Jessica Buettner | 21-Sep-19 | St. John's, NL |
| 84.0+ | 200.0 | Bret Dundas | 20-May-17 | Regina, SK |

TOTAL

| | | | | |
|-------|-------|--------------------|-----------|---------------------------------|
| 47.0 | 267.5 | Kanako MacDonald | 19-Dec-15 | Moose Jaw, SK |
| 52.0 | 327.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 385.0 | Brittney Bergen | 15-Aug-16 | Saint Croix, U.S. Virgin Island |
| 63.0 | 394.0 | Kirstie Armstead | 22-Dec-18 | Moose Jaw, SK |
| 69.0 | 328.0 | Melissa Bezborotko | 3-Oct-21 | Moose Jaw, SK |
| 76.0 | 563.0 | Jessica Buettner | 1-Oct-21 | Halmstad, SWE |
| 84.0 | 544.5 | Jessica Buettner | 21-Sep-19 | St. John's, NL |
| 84.0+ | 540.0 | Michelle Rennick | 3-Mar-20 | Winnipeg, MB |

BENCH PRESS ONLY

| | | | | |
|-------|-------|--------------------|------------|---------------------------------|
| 47.0 | 55.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | 72.5 | Samantha Solie | 22-June-16 | Killeen, Texas |
| 57.0 | 82.5 | Brittney Bergen | 15-Aug-16 | Saint Croix, U.S. Virgin Island |
| 63.0 | 87.5 | Amy Smith | 19-Dec-15 | Moose Jaw, SK |
| 69.0 | 67.5 | Melissa Bezborotko | 3-Oct-21 | Moose Jaw, SK |
| 76.0 | 105.0 | Jessica Buettner | 1-Oct-21 | Halmstad, SWE |
| 84.0 | 115.0 | Rhaea Stinn | 13-Mar-17 | Saguenay, QU |
| 84.0+ | 110.0 | Tammie Shawcross | 19-May-18 | Regina, SK |

Youth (Y1, Y2, Y3) Classic Provincial Records

SQUAT

| | | | | |
|-------|------|--------------------|----------|---------------|
| 30.0 | | No Record | | |
| 35.0 | | No Record | | |
| 40.0 | | No Record | | |
| 43.0 | | No Record | | |
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | 57.5 | Taren Derksen (Y3) | 1-Oct-21 | Moose Jaw, SK |
| 84.0 | | No Record | | |
| 84.0+ | | No Record | | |

BENCH PRESS

| | | | | |
|-------|------|--------------------|----------|---------------|
| 30.0 | | No Record | | |
| 35.0 | | No Record | | |
| 40.0 | | No Record | | |
| 43.0 | | No Record | | |
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | 32.5 | Taren Derksen (Y3) | 1-Oct-21 | Moose Jaw, SK |
| 84.0 | | No Record | | |
| 84.0+ | | No Record | | |

DEADLIFT

| | | | | |
|-------|------|--------------------|----------|---------------|
| 30.0 | | No Record | | |
| 35.0 | | No Record | | |
| 40.0 | | No Record | | |
| 43.0 | | No Record | | |
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | 72.5 | Taren Derksen (Y3) | 1-Oct-21 | Moose Jaw, SK |
| 84.0 | | No Record | | |
| 84.0+ | | No Record | | |

TOTAL

| | | | | |
|------|--|-----------|--|--|
| 30.0 | | No Record | | |
| 35.0 | | No Record | | |
| 40.0 | | No Record | | |
| 43.0 | | No Record | | |
| 47.0 | | No Record | | |

TOTAL (Cont.)

| | | | | |
|-------|-------|--------------------|----------|---------------|
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | 162.5 | Taren Derksen (Y3) | 1-Oct-21 | Moose Jaw, SK |
| 84.0 | | No Record | | |
| 84.0+ | | No Record | | |

BENCH PRESS ONLY

| | | | | |
|-------|------|--------------------|----------|---------------|
| 30.0 | | No Record | | |
| 35.0 | | No Record | | |
| 40.0 | | No Record | | |
| 43.0 | | No Record | | |
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | 32.5 | Taren Derksen (Y3) | 1-Oct-21 | Moose Jaw, SK |
| 84.0 | | No Record | | |
| 84.0+ | | No Record | | |

Sub-Junior Classic Provincial Records

SQUAT

| | | | | |
|-------|-------|-------------------|-----------|---------------|
| 43.0 | | No Record | | |
| 47.0 | 65.0 | Mikayla Lohse | 10-Apr-12 | Calgary, AB |
| 52.0 | 109.0 | Tatiana Thompson | 1-Oct-16 | Saskatoon, SK |
| 57.0 | 115.5 | Tatiana Thompson | 10-Dec-16 | Moose Jaw, SK |
| 63.0 | 102.5 | Jayden Pederson | 10-Dec-16 | Moose Jaw, SK |
| 69.0 | 82.5 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 115.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 100.0 | Brianna Swryda | 3-Mar-19 | Ottawa, ON |
| 84.0+ | 150.0 | Brittinay Rowland | 20-Dec-14 | Moose Jaw, SK |

BENCH PRESS

| | | | | |
|-------|------|-------------------|-----------|---------------|
| 43.0 | | No Record | | |
| 47.0 | 33.0 | Mikayla Lohse | 10-Apr-12 | Calgary, AB |
| 52.0 | 52.5 | Mikayla Lohse | 5-Sep-15 | Weyburn, SK |
| 57.0 | 53.0 | Mikayla Lohse | 28-Jun-14 | Moose Jaw, SK |
| 63.0 | 60.0 | Amanda Wall | 20-Dec-14 | Moose Jaw, SK |
| 69.0 | 45.0 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 60.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 55.5 | Natalie Butz | 02-Oct-21 | Moose Jaw, SK |
| 84.0+ | 75.5 | Brittinay Rowland | 20-Dec-14 | Moose Jaw, SK |

DEADLIFT

| | | | | |
|-------|-------|-------------------|-----------|---------------|
| 43.0 | | No Record | | |
| 47.0 | 95.0 | Mikayla Lohse | 10-Apr-12 | Calgary, AB |
| 52.0 | 133.5 | Mikayla Lohse | 5-Sept-15 | Weyburn, SK |
| 57.0 | 126.0 | Mikayla Lohse | 28-Jun-14 | Moose Jaw, SK |
| 63.0 | 137.5 | Jayden Pederson | 10-Dec-16 | Moose Jaw, SK |
| 69.0 | 95.0 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 125.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 138.0 | Alyssa Hein | 5-Sept-15 | Weyburn, SK |
| 84.0+ | 167.5 | Brittinay Rowland | 20-Dec-14 | Moose Jaw, SK |

TOTAL

| | | | | |
|-------|-------|-------------------|-----------|--------------------|
| 43.0 | | No Record | | |
| 47.0 | 193.0 | Mikayla Lohse | 10-Apr-12 | Calgary, AB |
| 52.0 | 291.0 | Mikayla Lohse | 5-Sept-15 | Weyburn, SK |
| 57.0 | 293.0 | Mikayla Lohse | 31-Mar-14 | St. Catharines, ON |
| 63.0 | 297.5 | Jayden Pederson | 10-Dec-16 | Moose Jaw, SK |
| 69.0 | 222.5 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 300.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 288.0 | Alyssa Hein | 5-Sept-15 | Weyburn, SK |
| 84.0+ | 393.0 | Brittinay Rowland | 20-Dec-14 | Moose Jaw, SK |

BENCH PRESS ONLY

| | | | | |
|-------|------|-------------------|-----------|---------------|
| 43.0 | | No Record | | |
| 47.0 | 33.0 | Mikayla Lohse | 10-Apr-12 | Calgary, AB |
| 52.0 | 52.5 | Mikayla Lohse | 5-Sept-15 | Weyburn, SK |
| 57.0 | 53.0 | Mikayla Lohse | 28-Jun-14 | Moose Jaw, SK |
| 63.0 | 60.0 | Amanda Wall | 20-Dec-14 | Moose Jaw, SK |
| 69.0 | 45.0 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 60.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 55.5 | Natalie Butz | 02-Oct-21 | Moose Jaw, SK |
| 84.0+ | 75.5 | Brittinay Rowland | 20-Dec-14 | Moose Jaw, SK |

Junior Classic Provincial Records

SQUAT

| | | | | |
|-------|-------|------------------|-----------|----------------|
| 43.0 | | No Record | | |
| 47.0 | 102.5 | Tatiana Thompson | 08-Sep-17 | Winnipeg, MB |
| 52.0 | 127.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 132.5 | Anna Schneider | 19-Jun-17 | Minsk, Belarus |
| 63.0 | 145.0 | Kirstie Armstead | 3-Mar-19 | Ottawa, ON |
| 69.0 | 82.5 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 115.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 185.0 | Jessica Buettner | 29-Sep-18 | Saskatoon, SK |
| 84.0+ | 185.0 | Rhaea Fowler | 31-Dec-11 | Moose Jaw, SK |

BENCH PRESS

| | | | | |
|-------|-------|------------------|-----------|----------------|
| 43.0 | | No Record | | |
| 47.0 | 40.0 | Tatiana Thompson | 08-Sep-17 | Winnipeg, MB |
| 52.0 | 72.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 77.5 | Anna Schneider | 19-Jun-17 | Minsk, Belarus |
| 63.0 | 82.5 | Kirstie Armstead | 21-Sep-19 | St. John's, NL |
| 69.0 | 45.0 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 60.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 100.0 | Rhaea Fowler | 26-Nov-11 | Edmonton, AB |
| 84.0+ | 105.0 | Rhaea Fowler | 31-Dec-11 | Moose Jaw, SK |

DEADLIFT

| | | | | |
|-------|-------|------------------|-----------|---------------|
| 43.0 | | No Record | | |
| 47.0 | 107.5 | Tatiana Thompson | 08-Sep-17 | Winnipeg, MB |
| 52.0 | 134.0 | Mikayla Lohse | 26-Aug-17 | Regina, SK |
| 57.0 | 158.0 | Anna Schneider | 26-Aug-17 | Regina, SK |
| 63.0 | 171.5 | Kirstie Armstead | 22-Dec-18 | Moose Jaw, SK |
| 69.0 | 95.0 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 125.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 228.0 | Jessica Buettner | 07-Sep-18 | Edmonton, AB |
| 84.0+ | 187.5 | Rhaea Fowler | 31-Dec-11 | Moose Jaw, SK |

TOTAL

| | | | | |
|-------|-------|------------------|-----------|----------------|
| 43.0 | | No Record | | |
| 47.0 | 250.0 | Tatiana Thompson | 08-Sep-17 | Winnipeg, MB |
| 52.0 | 327.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 363.5 | Anna Schneider | 26-Aug-17 | Regina, SK |
| 63.0 | 394.0 | Kirstie Armstead | 22-Dec-18 | Moose Jaw, SK |
| 69.0 | 222.5 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 300.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 503.0 | Jessica Buettner | 07-Sep-18 | Edmonton, AB |
| 84.0+ | 477.5 | Rhaea Fowler | 31-Dec-11 | Moose Jaw, SK |

BENCH PRESS ONLY

| | | | | |
|-------|-------|------------------|-----------|----------------|
| 43.0 | | No Record | | |
| 47.0 | 40.0 | Tatiana Thompson | 08-Sep-17 | Winnipeg, MB |
| 52.0 | 72.5 | Samantha Solie | 22-Jun-16 | Killeen, Texas |
| 57.0 | 75.0 | Anna Schneider | 14-Mar-17 | Saguenay, QU |
| 63.0 | 82.5 | Kirstie Armstead | 21-Sep-19 | St. John's, NL |
| 69.0 | 45.0 | Calle Hrynewich | 02-Oct-21 | Moose Jaw, SK |
| 76.0 | 60.0 | Bree Hagen | 02-Oct-21 | Moose Jaw, SK |
| 84.0 | 100.0 | Rhaea Fowler | 26-Nov-11 | Edmonton, AB |
| 84.0+ | 105.0 | Rhaea Fowler | 31-Dec-11 | Moose Jaw, SK |

Master I Classic Provincial Records

SQUAT

| | | | | |
|-------|-------|------------------|-----------|---------------|
| 47.0 | 88.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | 102.5 | Shauna Hammer | 03-Mar-20 | Winnipeg, MB |
| 63.0 | 130.0 | Shantelle Szuch | 08-Sep-19 | Saskatoon, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 145.0 | Jennifer Wessner | 30-Sep-18 | Saskatoon, SK |
| 84.0+ | 172.5 | Jennifer Wessner | 03-Mar-20 | Winnipeg, MB |

BENCH PRESS

| | | | | |
|-------|-------|----------------------|-----------|---------------|
| 47.0 | 55.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | 59.5 | Shauna Hammer | 01-Oct-21 | Moose Jaw, SK |
| 63.0 | 67.5 | Shantelle Szuch | 08-Sep-19 | Saskatoon, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 92.5 | Angela Desjarlais | 10-Dec-16 | Moose Jaw, SK |
| 84.0+ | 117.5 | Tammie-Lee Ballinger | 03-Mar-20 | Winnipeg, MB |

DEADLIFT

| | | | | |
|-------|-------|------------------|-----------|----------------|
| 47.0 | 113.0 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | 115.5 | Shauna Hammer | 01-Oct-21 | Moose Jaw, SK |
| 63.0 | 150.0 | Shantelle Szuch | 08-Sep-19 | Saskatoon, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 173.0 | Genevieve Grant | 19-Jun-16 | Killeen, Texas |
| 84.0+ | 187.5 | Jennifer Wessner | 03-Mar-20 | Winnipeg, MB |

TOTAL

| | | | | |
|-------|-------|------------------|-----------|---------------|
| 47.0 | 257.0 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | 275.0 | Shauna Hammer | 01-Oct-21 | Moose Jaw, SK |
| 63.0 | 347.5 | Shantelle Szuch | 08-Sep-19 | Saskatoon, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 382.5 | Genevieve Grant | 15-Feb-16 | Regina, SK |
| 84.0+ | 440.0 | Tammie Shawcross | 03-Mar-19 | Ottawa, ON |

BENCH PRESS ONLY

| | | | | |
|-------|-------|----------------------|-----------|---------------|
| 47.0 | 55.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | 57.5 | Shauna Hammer | 03-Mar-19 | Ottawa, ON |
| 63.0 | 67.5 | Shantelle Szuch | 08-Sep-19 | Saskatoon, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 92.5 | Angela Desjarlais | 10-Dec-16 | Moose Jaw, SK |
| 84.0+ | 117.5 | Tammie-Lee Ballinger | 03-Mar-20 | Winnipeg, MB |

Master II Classic Provincial Records

SQUAT

| | | | | |
|-------|-------|-----------------|-----------|---------------|
| 47.0 | 88.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 92.5 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 132.5 | Genevieve Grant | 15-Feb-16 | Regina, SK |
| 84.0+ | 142.5 | Donna Bodnar | 02-Oct-21 | Moose Jaw, SK |

BENCH PRESS

| | | | | |
|-------|------|-------------------|-----------|---------------|
| 47.0 | 55.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 60.0 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 82.5 | Genevieve Grant | 15-Feb-16 | Regina, SK |
| 84.0+ | 67.5 | Gwendelyn Grasdal | 15-Feb-16 | Regina, SK |

DEADLIFT

| | | | | |
|-------|-------|-----------------|------------|----------------|
| 47.0 | 113.0 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 130.0 | Tania Spak | 19-June-16 | Killeen, Texas |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 173.0 | Genevieve Grant | 19-June-16 | Killeen, Texas |
| 84.0+ | 165.5 | Sandra Nase | 8-Apr-15 | St. John's, NL |

TOTAL

| | | | | |
|-------|-------|-----------------|-----------|---------------|
| 47.0 | 257.0 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 281.0 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 382.5 | Genevieve Grant | 15-Feb-16 | Regina, SK |
| 84.0+ | 352.5 | Donna Bodnar | 03-Mar-20 | Winnipeg, MB |

BENCH PRESS ONLY

| | | | | |
|-------|------|-------------------|-----------|---------------|
| 47.0 | 55.5 | Marnel Spencer | 02-Oct-21 | Moose Jaw, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 60.0 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 82.5 | Genevieve Grant | 15-Feb-16 | Regina, SK |
| 84.0+ | 67.5 | Gwendelyn Grasdal | 15-Feb-16 | Regina, SK |

Master III Classic Provincial Records

SQUAT

| | | | | |
|-------|-------|--------------|-----------|---------------|
| 47.0 | 77.5 | Janet Hills | 08-Sep-19 | Saskatoon, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 92.5 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 90.5 | Mava Brydges | 30-Sep-18 | Saskatoon, SK |
| 84.0+ | 117.5 | Sandra Nase | 21-Sep-19 | St. John's NL |

BENCH PRESS

| | | | | |
|-------|------|--------------|-----------|---------------|
| 47.0 | 45.5 | Janet Hills | 08-Sep-19 | Saskatoon, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 60.0 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 61.0 | Mava Brydges | 16-Apr-17 | Saskatoon, SK |
| 84.0+ | 60.0 | Sandra Nase | 21-Sep-19 | St. John's NL |

DEADLIFT

| | | | | |
|-------|-------|--------------|-----------|------------------|
| 47.0 | 93.0 | Janet Hills | 31-Jul-19 | Martensville, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 130.0 | Tania Spak | 19-Jun-16 | Killeen, Texas |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 107.5 | Mava Brydges | 16-Apr-17 | Saskatoon, SK |
| 84.0+ | 161.0 | Sandra Nase | 30-Sep-18 | Saskatoon, SK |

TOTAL

| | | | | |
|-------|-------|--------------|-----------|---------------|
| 47.0 | 216.0 | Janet Hills | 08-Sep-19 | Saskatoon, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 281.0 | Tania Spak | 26-Aug-17 | Regina, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 252.5 | Mava Brydges | 16-Apr-17 | Saskatoon, SK |
| 84.0+ | 333.0 | Sandra Nase | 06-Jun-18 | Calgary, AB |

BENCH PRESS ONLY

| | | | | |
|-------|------|--------------|-----------|---------------|
| 47.0 | 45.5 | Janet Hills | 08-Sep-19 | Saskatoon, SK |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | 61.0 | Tania Spak | 30-Sep-18 | Saskatoon, SK |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 63.5 | Mava Brydges | 31-Dec-17 | Moose Jaw, SK |
| 84.0+ | 60.0 | Sandra Nase | 21-Sep-19 | St. John's NL |

Master IV Classic Provincial Records

SQUAT

| | | | | |
|-------|------|-----------|-----------|---------------|
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 60.0 | Joy Brown | 08-Sep-19 | Saskatoon, SK |
| 84.0+ | | No Record | | |

BENCH PRESS

| | | | | |
|-------|------|-----------|-----------|---------------|
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 35.0 | Joy Brown | 08-Sep-19 | Saskatoon, SK |
| 84.0+ | | No Record | | |

DEADLIFT

| | | | | |
|-------|-------|-----------|-----------|------------------|
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 102.5 | Joy Brown | 13-Jul-19 | Martensville, SK |
| 84.0+ | | No Record | | |

TOTAL

| | | | | |
|-------|-------|-----------|-----------|------------------|
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 190.0 | Joy Brown | 13-Jul-19 | Martensville, SK |
| 84.0+ | | No Record | | |

BENCH PRESS ONLY

| | | | | |
|-------|------|-----------|-----------|---------------|
| 47.0 | | No Record | | |
| 52.0 | | No Record | | |
| 57.0 | | No Record | | |
| 63.0 | | No Record | | |
| 69.0 | | No Record | | |
| 76.0 | | No Record | | |
| 84.0 | 35.0 | Joy Brown | 08-Sep-19 | Saskatoon, SK |
| 84.0+ | | No Record | | |