

# **Saskatchewan** **Powerlifting**

## 2022 Calendar of Important Dates

January 1, 2022

<b>January</b>	<b>22</b>	<b>Rise Strength Lab Open</b>   Saskatoon, SK Info: Zoey Baker, bakerzoey@gmail.com
<b>February</b>	<b>12</b>	<b>SPA Provincial Team Training Camp* - South</b>   Foundation Fitness: Regina, SK Info: Jaime Otitoju, jaime@foundationfitness.ca
	<b>19-20</b>	<b>Olympia in Depth Open</b>   Weyburn, SK Info: Ryan Fowler, ryan.g.fowler@gmail.com
	<b>26</b>	<b>SPA Provincial Team Training Camps* - North</b>   Synergy Strength: Saskatoon, SK Info: Carolyn Tran, president@saskpowerlifting.ca
<b>March</b>	<b>13-19</b>	<b>CPU National Championships</b>   St. Johns, Newfoundland
<b>April</b>	<b>9</b>	<b>Synergy Strength Open</b>   Saskatoon, SK Info: Carolyn Tran, carolyn.d.tran@gmail.com
<b>May</b>	<b>21</b>	<b>Foundation Open</b>   Regina, SK Info: Jaime Otitoju, jaime@foundationfitness.ca
	<b>21 - 29</b>	<b>IPF Classic and Equipped Bench Press</b>   Almaty, Kazakhstan
<b>June</b>	<b>6 - 12</b>	<b>IPF Sub-Junior, Junior, Open Classic Worlds</b>   Sun City, South Africa
<b>June / July</b>	<b>TBD</b>	<b>* Open for Bid *</b>
<b>July</b>	<b>7 - 17</b>	<b>IWGA World Games</b>   Birmingham, AL USA
	<b>15 - 20</b>	<b>NAPF North American Championships</b>   Panama City, Panama
<b>August</b>	<b>TBD</b>	<b>Deadline for Resolutions for Constitutional Changes at AGM</b> Submit to secretary@saskpowerlifting.ca
	<b>TBD</b>	<b>Deadline for 2022 SPA Open Meet Applications</b> Submit to secretary@saskpowerlifting.ca
	<b>TBD</b>	<b>CPU Western Canadian Championships</b>   Calgary, AB Info: TBD
<b>September</b>	<b>August 26 - 4</b>	<b>IPF Sub-Junior and Junior Equipped Worlds</b>   Guayaquil, Ecuador
	<b>TBD</b>	<b>SPA Annual General Meeting</b>   Saskatoon, SK
	<b>TBD</b>	<b>SPA Provincial Championship</b>   Saskatoon, SK Info: TBD
<b>October</b>	<b>9 - 15</b>	<b>IPF Master Classic and Equipped World Championships</b>   St. Johns, Newfoundland
	<b>27 - 29</b>	<b>NAPF North American Bench Press Championships</b>   San Juan Bid - Puerto Rico
<b>October / November</b>	<b>TBD</b>	<b>* Open for Bid *</b>
<b>November</b>	<b>14 - 20</b>	<b>IPF Equipped Open World Championship</b>   Viborg, Denmark
<b>December</b>	<b>TBD</b>	<b>Last Chance</b>   Moose Jaw, SK Info: Ryan Stinn, stinndler@gmail.com
* Open to SPA athletes registered to compete at the 2022 CPU National Championships		
<b>SPA Executive Meetings</b>		May 27-29 , 2022 – Executive Planning August TBA , 2022 – SPA AGM Submissions August TBA , 2022 – SPA AGM Agenda Discussion November TBA , 2022 – SPA AGM Follow Up