

Open Classic Provincial Records

SQUAT

47.0	102.5	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	127.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	142.5	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	153.0	Amy Smith	16-Feb-16	Regina, SK
69.0	150.0	Brittany Brecht	11-Dec-21	Moose Jaw, SK
76.0	210.5	Jessica Buettner	1-Oct-21	Halmstad, SWE
84.0	203.5	Jessica Buettner	21-Sep-19	St. John's, NL
84.0+	237.5	Michelle Rennick	3-Mar-20	Winnipeg, MB

BENCH PRESS

47.0	55.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0	72.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	82.5	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	87.5	Amy Smith	19-Dec-15	Moose Jaw, SK
69.0	80.0	Hayley Gibson	11-Dec-21	Moose Jaw, SK
76.0	105.0	Jessica Buettner	1-Oct-21	Halmstad, SWE
84.0	105.5	Rashenna Gryzbowski	11-Dec-21	Moose Jaw, SK
84.0+	110.0	Tammie Shawcross	19-May-18	Regina, SK

DEADLIFT

47.0	120.0	Kanako MacDonald	19-Dec-15	Moose Jaw, SK
52.0	135.0	Carissa Sideroff	08-Sep-17	Winnipeg, MB
57.0	162.5	Carolyn Tran	20-May-17	Regina, SK
63.0	172.5	Milayna Goruick	18-May-19	Regina, SK
69.0	177.5	Brittany Brecht	11-Dec-21	Moose Jaw, SK
76.0	247.5	Jessica Buettner	1-Oct-21	Halmstad, SWE
84.0	243.5	Jessica Buettner	21-Sep-19	St. John's, NL
84.0+	200.0	Bret Dundas	20-May-17	Regina, SK

TOTAL

47.0	267.5	Kanako MacDonald	19-Dec-15	Moose Jaw, SK
52.0	327.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	385.0	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	394.0	Kirstie Armstead	22-Dec-18	Moose Jaw, SK
69.0	397.5	Brittany Brecht	11-Dec-21	Moose Jaw, SK
76.0	563.0	Jessica Buettner	1-Oct-21	Halmstad, SWE
84.0	544.5	Jessica Buettner	21-Sep-19	St. John's, NL
84.0+	540.0	Michelle Rennick	3-Mar-20	Winnipeg, MB

BENCH PRESS ONLY

47.0	55.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0	72.5	Samantha Solie	22-June-16	Killeen, Texas
57.0	82.5	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	87.5	Amy Smith	19-Dec-15	Moose Jaw, SK
69.0	80.0	Hayley Gibson	11-Dec-21	Moose Jaw, SK
76.0	105.0	Jessica Buettner	1-Oct-21	Halmstad, SWE
84.0	115.0	Rhaea Stinn	13-Mar-17	Saguenay, QU
84.0+	110.0	Tammie Shawcross	19-May-18	Regina, SK

Youth (Y1, Y2, Y3) Classic Provincial Records

SQUAT

30.0		No Record		
35.0	35.0	Kalin Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0		No Record		
43.0		No Record		
47.0	35.0	Jordyn Halladay (Y1)	11-Dec-21	Moose Jaw, SK
52.0		No Record		
57.0	47.5	Shayenna Lavallee (Y2)	11-Dec-21	Moose Jaw, SK
63.0		No Record		
69.0		No Record		
76.0	57.5	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0		No Record		
84.0+		No Record		

BENCH PRESS

30.0		No Record		
35.0	20.0	Kalin Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0		No Record		
43.0		No Record		
47.0	24.0	Jordyn Halladay (Y1)	11-Dec-21	Moose Jaw, SK
52.0		No Record		
57.0	22.5	Shayenna Lavallee (Y2)	11-Dec-21	Moose Jaw, SK
63.0		No Record		
69.0		No Record		
76.0	32.5	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0		No Record		
84.0+		No Record		

DEADLIFT

30.0		No Record		
35.0	60.0	Kalin Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0		No Record		
43.0		No Record		
47.0	65.0	Jordyn Halladay (Y1)	11-Dec-21	Moose Jaw, SK
52.0		No Record		
57.0	60.0	Shayenna Lavallee (Y2)	11-Dec-21	Moose Jaw, SK
63.0		No Record		
69.0		No Record		
76.0	72.5	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0		No Record		
84.0+		No Record		

TOTAL

30.0		No Record		
35.0	115.0	Kalin Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0		No Record		
43.0		No Record		
47.0	124.0	Jordyn Halladay (Y1)	11-Dec-21	Moose Jaw, SK

TOTAL (Cont.)

52.0		No Record		
57.0	130.0	Shayenna Lavallee (Y2)	11-Dec-21	Moose Jaw, SK
63.0		No Record		
69.0		No Record		
76.0	162.5	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0		No Record		
84.0+		No Record		

BENCH PRESS ONLY

30.0		No Record		
35.0	20.0	Kalin Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0		No Record		
43.0		No Record		
47.0	24.0	Jordyn Halladay (Y1)	11-Dec-21	Moose Jaw, SK
52.0		No Record		
57.0	22.5	Shayenna Lavallee (Y2)	11-Dec-21	Moose Jaw, SK
63.0		No Record		
69.0		No Record		
76.0	32.5	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0		No Record		
84.0+		No Record		

Sub-Junior Classic Provincial Records

SQUAT

43.0		No Record		
47.0	65.0	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	109.0	Tatiana Thompson	1-Oct-16	Saskatoon, SK
57.0	115.5	Tatiana Thompson	10-Dec-16	Moose Jaw, SK
63.0	102.5	Jayden Pederson	10-Dec-16	Moose Jaw, SK
69.0	82.5	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	115.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	100.0	Brianna Swryda	3-Mar-19	Ottawa, ON
84.0+	150.0	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

BENCH PRESS

43.0		No Record		
47.0	33.0	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	52.5	Mikayla Lohse	5-Sep-15	Weyburn, SK
57.0	53.0	Mikayla Lohse	28-Jun-14	Moose Jaw, SK
63.0	60.0	Amanda Wall	20-Dec-14	Moose Jaw, SK
69.0	45.0	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	55.5	Natalie Butz	02-Oct-21	Moose Jaw, SK
84.0+	75.5	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

DEADLIFT

43.0		No Record		
47.0	95.0	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	133.5	Mikayla Lohse	5-Sept-15	Weyburn, SK
57.0	126.0	Mikayla Lohse	28-Jun-14	Moose Jaw, SK
63.0	137.5	Jayden Pederson	10-Dec-16	Moose Jaw, SK
69.0	95.0	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	125.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	138.0	Alyssa Hein	5-Sept-15	Weyburn, SK
84.0+	167.5	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

TOTAL

43.0		No Record		
47.0	193.0	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	291.0	Mikayla Lohse	5-Sept-15	Weyburn, SK
57.0	293.0	Mikayla Lohse	31-Mar-14	St. Catharines, ON
63.0	297.5	Jayden Pederson	10-Dec-16	Moose Jaw, SK
69.0	222.5	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	300.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	288.0	Alyssa Hein	5-Sept-15	Weyburn, SK
84.0+	393.0	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

BENCH PRESS ONLY

43.0		No Record		
47.0	33.0	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	52.5	Mikayla Lohse	5-Sept-15	Weyburn, SK
57.0	53.0	Mikayla Lohse	28-Jun-14	Moose Jaw, SK
63.0	60.0	Amanda Wall	20-Dec-14	Moose Jaw, SK
69.0	45.0	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	55.5	Natalie Butz	02-Oct-21	Moose Jaw, SK
84.0+	75.5	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

Junior Classic Provincial Records

SQUAT

43.0		No Record		
47.0	102.5	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	127.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	132.5	Anna Schneider	19-Jun-17	Minsk, Belarus
63.0	145.0	Kirstie Armstead	3-Mar-19	Ottawa, ON
69.0	82.5	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	115.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	185.0	Jessica Buettner	29-Sep-18	Saskatoon, SK
84.0+	185.0	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

BENCH PRESS

43.0		No Record		
47.0	40.0	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	72.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	77.5	Anna Schneider	19-Jun-17	Minsk, Belarus
63.0	82.5	Kirstie Armstead	21-Sep-19	St. John's, NL
69.0	45.0	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	100.0	Rhaea Fowler	26-Nov-11	Edmonton, AB
84.0+	105.0	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

DEADLIFT

43.0		No Record		
47.0	107.5	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	134.0	Mikayla Lohse	26-Aug-17	Regina, SK
57.0	158.0	Anna Schneider	26-Aug-17	Regina, SK
63.0	171.5	Kirstie Armstead	22-Dec-18	Moose Jaw, SK
69.0	95.0	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	125.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	228.0	Jessica Buettner	07-Sep-18	Edmonton, AB
84.0+	187.5	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

TOTAL

43.0		No Record		
47.0	250.0	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	327.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	363.5	Anna Schneider	26-Aug-17	Regina, SK
63.0	394.0	Kirstie Armstead	22-Dec-18	Moose Jaw, SK
69.0	222.5	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	300.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	503.0	Jessica Buettner	07-Sep-18	Edmonton, AB
84.0+	477.5	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

BENCH PRESS ONLY

43.0		No Record		
47.0	40.0	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	72.5	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	75.0	Anna Schneider	14-Mar-17	Saguenay, QU
63.0	82.5	Kirstie Armstead	21-Sep-19	St. John's, NL
69.0	45.0	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	100.0	Rhaea Fowler	26-Nov-11	Edmonton, AB
84.0+	105.0	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

Master I Classic Provincial Records

SQUAT

47.0	88.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0	102.5	Shauna Hammer	03-Mar-20	Winnipeg, MB
63.0	135.0	Jamie Otitoju	11-Dec-21	Moose Jaw, SK
69.0		No Record		
76.0	122.5	Emmannuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	145.0	Jennifer Wessner	30-Sep-18	Saskatoon, SK
84.0+	172.5	Jennifer Wessner	03-Mar-20	Winnipeg, MB

BENCH PRESS

47.0	55.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0	59.5	Shauna Hammer	01-Oct-21	Moose Jaw, SK
63.0	67.5	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0		No Record		
76.0	92.5	Emmannuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	92.5	Angela Desjarlais	10-Dec-16	Moose Jaw, SK
84.0+	117.5	Tammie-Lee Ballinger	03-Mar-20	Winnipeg, MB

DEADLIFT

47.0	113.0	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0	115.5	Shauna Hammer	01-Oct-21	Moose Jaw, SK
63.0	150.0	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0		No Record		
76.0	182.5	Emmannuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	173.0	Genevieve Grant	19-Jun-16	Killeen, Texas
84.0+	187.5	Jennifer Wessner	03-Mar-20	Winnipeg, MB

TOTAL

47.0	257.0	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0	275.0	Shauna Hammer	01-Oct-21	Moose Jaw, SK
63.0	347.5	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0		No Record		
76.0	397.5	Emmannuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	382.5	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	440.0	Tammie Shawcross	03-Mar-19	Ottawa, ON

BENCH PRESS ONLY

47.0	55.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0	57.5	Shauna Hammer	03-Mar-19	Ottawa, ON
63.0	67.5	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0	92.5	Emmannuelle Archambault	11-Dec-21	Moose Jaw, SK
76.0		No Record		
84.0	92.5	Angela Desjarlais	10-Dec-16	Moose Jaw, SK
84.0+	117.5	Tammie-Lee Ballinger	03-Mar-20	Winnipeg, MB

Master II Classic Provincial Records

SQUAT

47.0	88.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0		No Record		
63.0	92.5	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	132.5	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	142.5	Donna Bodnar	02-Oct-21	Moose Jaw, SK

BENCH PRESS

47.0	55.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0		No Record		
63.0	60.0	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	82.5	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	67.5	Gwendelyn Grasdal	15-Feb-16	Regina, SK

DEADLIFT

47.0	113.0	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0		No Record		
63.0	130.0	Tania Spak	19-June-16	Killeen, Texas
69.0		No Record		
76.0		No Record		
84.0	173.0	Genevieve Grant	19-June-16	Killeen, Texas
84.0+	165.5	Sandra Nase	8-Apr-15	St. John's, NL

TOTAL

47.0	257.0	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0		No Record		
63.0	281.0	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	382.5	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	352.5	Donna Bodnar	03-Mar-20	Winnipeg, MB

BENCH PRESS ONLY

47.0	55.5	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0		No Record		
57.0		No Record		
63.0	60.0	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	82.5	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	67.5	Gwendelyn Grasdal	15-Feb-16	Regina, SK

Master III Classic Provincial Records

SQUAT

47.0	77.5	Janet Hills	08-Sep-19	Saskatoon, SK
52.0		No Record		
57.0		No Record		
63.0	92.5	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	90.5	Mava Brydges	30-Sep-18	Saskatoon, SK
84.0+	117.5	Sandra Nase	21-Sep-19	St. John's NL

BENCH PRESS

47.0	45.5	Janet Hills	08-Sep-19	Saskatoon, SK
52.0		No Record		
57.0		No Record		
63.0	60.0	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	61.0	Mava Brydges	16-Apr-17	Saskatoon, SK
84.0+	60.0	Sandra Nase	21-Sep-19	St. John's NL

DEADLIFT

47.0	93.0	Janet Hills	31-Jul-19	Martensville, SK
52.0		No Record		
57.0		No Record		
63.0	130.0	Tania Spak	19-Jun-16	Killeen, Texas
69.0		No Record		
76.0		No Record		
84.0	107.5	Mava Brydges	16-Apr-17	Saskatoon, SK
84.0+	161.0	Sandra Nase	30-Sep-18	Saskatoon, SK

TOTAL

47.0	216.0	Janet Hills	08-Sep-19	Saskatoon, SK
52.0		No Record		
57.0		No Record		
63.0	281.0	Tania Spak	26-Aug-17	Regina, SK
69.0		No Record		
76.0		No Record		
84.0	252.5	Mava Brydges	16-Apr-17	Saskatoon, SK
84.0+	333.0	Sandra Nase	06-Jun-18	Calgary, AB

BENCH PRESS ONLY

47.0	45.5	Janet Hills	08-Sep-19	Saskatoon, SK
52.0		No Record		
57.0		No Record		
63.0	61.0	Tania Spak	30-Sep-18	Saskatoon, SK
69.0		No Record		
76.0		No Record		
84.0	63.5	Mava Brydges	31-Dec-17	Moose Jaw, SK
84.0+	60.0	Sandra Nase	21-Sep-19	St. John's NL

Master IV Classic Provincial Records

SQUAT

47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0		No Record		
69.0		No Record		
76.0		No Record		
84.0	60.0	Joy Brown	08-Sep-19	Saskatoon, SK
84.0+		No Record		

BENCH PRESS

47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0		No Record		
69.0		No Record		
76.0		No Record		
84.0	35.0	Joy Brown	08-Sep-19	Saskatoon, SK
84.0+		No Record		

DEADLIFT

47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0		No Record		
69.0		No Record		
76.0		No Record		
84.0	102.5	Joy Brown	13-Jul-19	Martensville, SK
84.0+		No Record		

TOTAL

47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0		No Record		
69.0		No Record		
76.0		No Record		
84.0	190.0	Joy Brown	13-Jul-19	Martensville, SK
84.0+		No Record		

BENCH PRESS ONLY

47.0		No Record		
52.0		No Record		
57.0		No Record		
63.0		No Record		
69.0		No Record		
76.0		No Record		
84.0	35.0	Joy Brown	08-Sep-19	Saskatoon, SK
84.0+		No Record		