

Open Classic Provincial Records

SQUAT

47.0	102.5 kg	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	127.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	142.5 kg	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	153.0 kg	Amy Smith	16-Feb-16	Regina, SK
69.0	150.0 kg	Brittany Brecht	11-Dec-21	Moose Jaw, SK
76.0	217.5 kg	Jessica Buettner	9-May-22	St. John's, NL
84.0	203.5 kg	Jessica Buettner	21-Sep-19	St. John's, NL
84.0+	237.5 kg	Michelle Rennick	3-Mar-20	Winnipeg, MB

BENCH PRESS

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	72.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	82.5 kg	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	87.5 kg	Amy Smith	19-Dec-15	Moose Jaw, SK
69.0	80.0 kg	Hayley Gibson	11-Dec-21	Moose Jaw, SK
76.0	107.5 kg	Jessica Buettner	9-May-22	St. John's, NL
84.0	105.5 kg	Rashenna Gryzbowski	11-Dec-21	Moose Jaw, SK
84.0+	110.0 kg	Tammie Shawcross	19-May-18	Regina, SK

DEADLIFT

47.0	120.0 kg	Kanako MacDonald	19-Dec-15	Moose Jaw, SK
52.0	135.5 kg	Elaine Tan	22-Jan-22	Saskatoon, SK
57.0	162.5 kg	Carolyn Tran	20-May-17	Regina, SK
63.0	172.5 kg	Milayna Goruick	18-May-19	Regina, SK
69.0	177.5 kg	Brittany Brecht	11-Dec-21	Moose Jaw, SK
76.0	252.5 kg	Jessica Buettner	9-May-22	St. John's, NL
84.0	243.5 kg	Jessica Buettner	21-Sep-19	St. John's, NL
84.0+	200.0 kg	Bret Dundas	20-May-17	Regina, SK

TOTAL

47.0	267.5 kg	Kanako MacDonald	19-Dec-15	Moose Jaw, SK
52.0	327.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	385.0 kg	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	394.0 kg	Kirstie Armstead	22-Dec-18	Moose Jaw, SK
69.0	397.5 kg	Brittany Brecht	11-Dec-21	Moose Jaw, SK
76.0	577.5 kg	Jessica Buettner	9-May-22	St. John's, NL
84.0	544.5 kg	Jessica Buettner	21-Sep-19	St. John's, NL
84.0+	540.0 kg	Michelle Rennick	3-Mar-20	Winnipeg, MB

BENCH PRESS ONLY

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	72.5 kg	Samantha Solie	22-June-16	Killeen, Texas
57.0	82.5 kg	Brittney Bergen	15-Aug-16	Saint Croix, U.S. Virgin Island
63.0	87.5 kg	Amy Smith	19-Dec-15	Moose Jaw, SK
69.0	80.0 kg	Hayley Gibson	11-Dec-21	Moose Jaw, SK
76.0	107.5 kg	Jessica Buettner	9-May-22	St. John's, NL
84.0	115.0 kg	Rhaea Stinn	13-Mar-17	Saguenay, QU
84.0+	110.0 kg	Tammie Shawcross	19-May-18	Regina, SK

Youth (Y1, Y2, Y3) Classic Provincial Records

SQUAT

30.0	-	No Record	-	-
35.0	35.0 kg	Kalina Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0	-	No Record	-	-
43.0	47.5 kg	Jordyn Halladay (Y1)	19-Feb-22	Weyburn, SK
47.0	50.0 kg	Jordyn Halladay (Y2)	7-Apr-22	Saskatoon, SK
52.0	-	No Record	-	-
57.0	47.5 kg	Shayenna Lavallee (Y2)	11-Dec-21	Moose Jaw, SK
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	57.5 kg	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0	-	No Record	-	-
84.0+	-	No Record	-	-

BENCH PRESS

30.0	-	No Record	-	-
35.0	20.0 kg	Kalina Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0	-	No Record	-	-
43.0	26.0 kg	Jordyn Halladay (Y1)	19-Feb-22	Weyburn, SK
47.0	27.0 kg	Jordyn Halladay (Y2)	7-Apr-22	Saskatoon, SK
52.0	-	No Record	-	-
57.0	26.0 kg	Shayenna Lavallee (Y2)	7-Apr-22	Saskatoon, SK
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	32.5 kg	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0	-	No Record	-	-
84.0+	-	No Record	-	-

DEADLIFT

30.0	-	No Record	-	-
35.0	60.0 kg	Kalina Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0	-	No Record	-	-
43.0	65.0 kg	Saige Perry (Y2)	7-Apr-22	Saskatoon, SK
47.0	65.5 kg	Jordyn Halladay (Y2)	7-Apr-22	Saskatoon, SK
52.0	-	No Record	-	-
57.0	62.5 kg	Shayenna Lavallee (Y2)	7-Apr-22	Saskatoon, SK
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	72.5 kg	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0	-	No Record	-	-
84.0+	-	No Record	-	-

TOTAL

30.0	-	No Record	-	-
35.0	115.0 kg	Kalina Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0	-	No Record	-	-
43.0	136.0 kg	Jordyn Halladay (Y1)	19-Feb-22	Weyburn, SK
47.0	142.5 kg	Jordyn Halladay (Y2)	7-Apr-22	Saskatoon, SK

TOTAL (Cont.)

52.0	-	No Record	-	-
57.0	136.0 kg	Shayenna Lavallee (Y2)	7-Apr-22	Saskatoon, SK
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	162.5 kg	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0	-	No Record	-	-
84.0+	-	No Record	-	-

BENCH PRESS ONLY

30.0	-	No Record	-	-
35.0	20.0 kg	Kalina Mckinna (Y2)	11-Dec-21	Moose Jaw, SK
40.0	-	No Record	-	-
43.0	26.0 kg	Jordyn Halladay (Y1)	19-Feb-22	Weyburn, SK
47.0	27.0 kg	Jordyn Halladay (Y1)	7-Apr-22	Saskatoon, SK
52.0	-	No Record	-	-
57.0	26.0 kg	Shayenna Lavallee (Y2)	7-Apr-22	Saskatoon, SK
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	32.5 kg	Taren Derksen (Y3)	1-Oct-21	Moose Jaw, SK
84.0	-	No Record	-	-
84.0+	-	No Record	-	-



Sub-Junior Classic Provincial Records

SQUAT

43.0	-	<i>No Record</i>	-	-
47.0	65.0 kg	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	109.0 kg	Tatiana Thompson	1-Oct-16	Saskatoon, SK
57.0	115.5 kg	Tatiana Thompson	10-Dec-16	Moose Jaw, SK
63.0	102.5 kg	Jayden Pederson	10-Dec-16	Moose Jaw, SK
69.0	82.5 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	115.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	100.0 kg	Brianna Swryda	3-Mar-19	Ottawa, ON
84.0+	150.0 kg	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

BENCH PRESS

43.0	-	<i>No Record</i>	-	-
47.0	33.0 kg	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	52.5 kg	Mikayla Lohse	5-Sep-15	Weyburn, SK
57.0	53.0 kg	Mikayla Lohse	28-Jun-14	Moose Jaw, SK
63.0	60.0 kg	Amanda Wall	20-Dec-14	Moose Jaw, SK
69.0	45.0 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	57.5 kg	Natalie Butz	19-Feb-22	Weyburn, SK
84.0+	75.5 kg	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

DEADLIFT

43.0	-	<i>No Record</i>	-	-
47.0	95.0 kg	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	133.5 kg	Mikayla Lohse	5-Sept-15	Weyburn, SK
57.0	126.0 kg	Mikayla Lohse	28-Jun-14	Moose Jaw, SK
63.0	137.5 kg	Jayden Pederson	10-Dec-16	Moose Jaw, SK
69.0	95.0 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	125.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	138.0 kg	Alyssa Hein	5-Sept-15	Weyburn, SK
84.0+	167.5 kg	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

TOTAL

43.0	-	<i>No Record</i>	-	-
47.0	193.0 kg	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	291.0 kg	Mikayla Lohse	5-Sept-15	Weyburn, SK
57.0	293.0 kg	Mikayla Lohse	31-Mar-14	St. Catharines, ON
63.0	297.5 kg	Jayden Pederson	10-Dec-16	Moose Jaw, SK
69.0	222.5 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	300.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	288.0 kg	Alyssa Hein	5-Sept-15	Weyburn, SK
84.0+	393.0 kg	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

BENCH PRESS ONLY

43.0	-	<i>No Record</i>	-	-
47.0	33.0 kg	Mikayla Lohse	10-Apr-12	Calgary, AB
52.0	52.5 kg	Mikayla Lohse	5-Sept-15	Weyburn, SK
57.0	53.0 kg	Mikayla Lohse	28-Jun-14	Moose Jaw, SK
63.0	60.0 kg	Amanda Wall	20-Dec-14	Moose Jaw, SK
69.0	45.0 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	57.5 kg	Natalie Butz	19-Feb-22	Weyburn, SK
84.0+	75.5 kg	Brittinay Rowland	20-Dec-14	Moose Jaw, SK

Junior Classic Provincial Records

SQUAT

43.0	-	<i>No Record</i>	-	-
47.0	102.5 kg	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	127.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	132.5 kg	Anna Schneider	19-Jun-17	Minsk, Belarus
63.0	145.0 kg	Kirstie Armstead	3-Mar-19	Ottawa, ON
69.0	82.5 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	115.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	185.0 kg	Jessica Buettner	29-Sep-18	Saskatoon, SK
84.0+	185.0 kg	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

BENCH PRESS

43.0	-	<i>No Record</i>	-	-
47.0	40.0 kg	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	72.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	77.5 kg	Anna Schneider	19-Jun-17	Minsk, Belarus
63.0	82.5 kg	Kirstie Armstead	21-Sep-19	St. John's, NL
69.0	45.0 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	100.0 kg	Rhaea Fowler	26-Nov-11	Edmonton, AB
84.0+	105.0 kg	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

DEADLIFT

43.0	-	<i>No Record</i>	-	-
47.0	107.5 kg	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	134.0 kg	Mikayla Lohse	26-Aug-17	Regina, SK
57.0	158.0 kg	Anna Schneider	26-Aug-17	Regina, SK
63.0	171.5 kg	Kirstie Armstead	22-Dec-18	Moose Jaw, SK
69.0	95.0 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	125.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	228.0 kg	Jessica Buettner	07-Sep-18	Edmonton, AB
84.0+	187.5 kg	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

TOTAL

43.0	-	<i>No Record</i>	-	-
47.0	250.0 kg	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	327.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	363.5 kg	Anna Schneider	26-Aug-17	Regina, SK
63.0	394.0 kg	Kirstie Armstead	22-Dec-18	Moose Jaw, SK
69.0	222.5 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	300.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	503.0 kg	Jessica Buettner	07-Sep-18	Edmonton, AB
84.0+	477.5 kg	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

BENCH PRESS ONLY

43.0	-	<i>No Record</i>	-	-
47.0	40.0 kg	Tatiana Thompson	08-Sep-17	Winnipeg, MB
52.0	72.5 kg	Samantha Solie	22-Jun-16	Killeen, Texas
57.0	75.0 kg	Anna Schneider	14-Mar-17	Saguenay, QU
63.0	82.5 kg	Kirstie Armstead	21-Sep-19	St. John's, NL
69.0	45.0 kg	Calla Hrynewich	02-Oct-21	Moose Jaw, SK
76.0	60.0 kg	Bree Hagen	02-Oct-21	Moose Jaw, SK
84.0	100.0 kg	Rhaea Fowler	26-Nov-11	Edmonton, AB
84.0+	105.0	Rhaea Fowler	31-Dec-11	Moose Jaw, SK

Master I Classic Provincial Records

SQUAT

47.0	88.5 kg	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0	-	No Record	-	-
57.0	110.0 kg	Shauna Hammer	09-May-22	St. Johns, NL
63.0	135.0 kg	Jamie Otitoju	11-Dec-21	Moose Jaw, SK
69.0	-	No Record	-	-
76.0	122.5 kg	Emmanuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	145.5 kg	Amber Amendt	7-Apr-22	Saskatoon, SK
84.0+	172.5 kg	Jennifer Wessner	03-Mar-20	Winnipeg, MB

BENCH PRESS

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	62.5 kg	Shauna Hammer	09-May-22	St. Johns, NL
63.0	67.5 kg	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0	-	No Record	-	-
76.0	92.5 kg	Emmanuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	92.5 kg	Angela Desjarlais	10-Dec-16	Moose Jaw, SK
84.0+	117.5 kg	Tammie-Lee Ballinger	03-Mar-20	Winnipeg, MB

DEADLIFT

47.0	113.5 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	125.0 kg	Shauna Hammer	09-May-22	St. Johns, NL
63.0	150.0 kg	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0	-	No Record	-	-
76.0	182.5 kg	Emmanuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	173.5 kg	Amber Amendt	7-Apr-22	Saskatoon, SK
84.0+	187.5 kg	Jennifer Wessner	03-Mar-20	Winnipeg, MB

TOTAL

47.0	257.0 kg	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0	-	No Record	-	-
57.0	297.5 kg	Shauna Hammer	09-May-22	St. Johns, NL
63.0	347.5 kg	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0	-	No Record	-	-
76.0	397.5 kg	Emmanuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	386.5 kg	Amber Amendt	7-Apr-22	Saskatoon, SK
84.0+	440.0 kg	Tammie Shawcross	03-Mar-19	Ottawa, ON

BENCH PRESS ONLY

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	62.5 kg	Shauna Hammer	09-May-22	St. Johns, NL
63.0	67.5 kg	Shantelle Szuch	08-Sep-19	Saskatoon, SK
69.0	-	No Record	-	-
76.0	92.5 kg	Emmanuelle Archambault	11-Dec-21	Moose Jaw, SK
84.0	92.5 kg	Angela Desjarlais	10-Dec-16	Moose Jaw, SK
84.0+	117.5 kg	Tammie-Lee Ballinger	03-Mar-20	Winnipeg, MB

Master II Classic Provincial Records

SQUAT

47.0	88.5 kg	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0	-	<i>No Record</i>	-	-
57.0	-	<i>No Record</i>	-	-
63.0	92.5 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	<i>No Record</i>	-	-
76.0	-	<i>No Record</i>	-	-
84.0	132.5 kg	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	145.0 kg	Tammie-lee Ballinger	22-Jan-22	Saskatoon, SK

BENCH PRESS

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	<i>No Record</i>	-	-
57.0	-	<i>No Record</i>	-	-
63.0	60.0 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	<i>No Record</i>	-	-
76.0	-	<i>No Record</i>	-	-
84.0	82.5 kg	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	110.0 kg	Tammie-lee Ballinger	22-Jan-22	Saskatoon, SK

DEADLIFT

47.0	113.5 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	<i>No Record</i>	-	-
57.0	-	<i>No Record</i>	-	-
63.0	130.0 kg	Tania Spak	19-June-16	Killeen, Texas
69.0	-	<i>No Record</i>	-	-
76.0	-	<i>No Record</i>	-	-
84.0	173.0 kg	Genevieve Grant	19-June-16	Killeen, Texas
84.0+	165.5 kg	Sandra Nase	8-Apr-15	St. John's, NL

TOTAL

47.0	257.0 kg	Marnel Spencer	02-Oct-21	Moose Jaw, SK
52.0	-	<i>No Record</i>	-	-
57.0	-	<i>No Record</i>	-	-
63.0	281.0 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	<i>No Record</i>	-	-
76.0	-	<i>No Record</i>	-	-
84.0	382.5 kg	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	395.0 kg	Tammie-lee Ballinger	22-Jan-22	Saskatoon, SK

BENCH PRESS ONLY

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	<i>No Record</i>	-	-
57.0	-	<i>No Record</i>	-	-
63.0	60.0 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	<i>No Record</i>	-	-
76.0	-	<i>No Record</i>	-	-
84.0	82.5 kg	Genevieve Grant	15-Feb-16	Regina, SK
84.0+	67.5 kg	Gwendelyn Grasdal	15-Feb-16	Regina, SK

Master III Classic Provincial Records

SQUAT

47.0	82.5 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	92.5 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	90.5 kg	Mava Brydges	30-Sep-18	Saskatoon, SK
84.0+	117.5 kg	Sandra Nase	21-Sep-19	St. John's NL

BENCH PRESS

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	60.0 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	61.0 kg	Mava Brydges	16-Apr-17	Saskatoon, SK
84.0+	60.0 kg	Sandra Nase	21-Sep-19	St. John's NL

DEADLIFT

47.0	113.5 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	130.0 kg	Tania Spak	19-Jun-16	Killeen, Texas
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	107.5 kg	Mava Brydges	16-Apr-17	Saskatoon, SK
84.0+	161.0 kg	Sandra Nase	30-Sep-18	Saskatoon, SK

TOTAL

47.0	252.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	281.0 kg	Tania Spak	26-Aug-17	Regina, SK
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	252.5 kg	Mava Brydges	16-Apr-17	Saskatoon, SK
84.0+	333.0 kg	Sandra Nase	06-Jun-18	Calgary, AB

BENCH PRESS ONLY

47.0	56.0 kg	Marnel Spencer	19-Feb-22	Weyburn, SK
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	61.0 kg	Tania Spak	30-Sep-18	Saskatoon, SK
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	63.5 kg	Mava Brydges	31-Dec-17	Moose Jaw, SK
84.0+	60.0 kg	Sandra Nase	21-Sep-19	St. John's NL

Master IV Classic Provincial Records

SQUAT

47.0	-	No Record	-	-
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	60.0 kg	Joy Brown	08-Sep-19	Saskatoon, SK
84.0+	-	No Record	-	-

BENCH PRESS

47.0	-	No Record	-	-
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	35.0 kg	Joy Brown	08-Sep-19	Saskatoon, SK
84.0+	-	No Record	-	-

DEADLIFT

47.0	-	No Record	-	-
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	102.5 kg	Joy Brown	13-Jul-19	Martensville, SK
84.0+	-	No Record	-	-

TOTAL

47.0	-	No Record	-	-
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	190.0 kg	Joy Brown	13-Jul-19	Martensville, SK
84.0+	-	No Record	-	-

BENCH PRESS ONLY

47.0	-	No Record	-	-
52.0	-	No Record	-	-
57.0	-	No Record	-	-
63.0	-	No Record	-	-
69.0	-	No Record	-	-
76.0	-	No Record	-	-
84.0	35.0 kg	Joy Brown	08-Sep-19	Saskatoon, SK
84.0+	-	No Record	-	-