

President's Report

September 25, 2020

As I prepared for this year's AGM and reflected not only on this year, but on the last 15 years of being the President of the SPA this was one for the books!

The SPA sanctioned 2 competitions in the last part of 2019 and 2020. Both of these meets were well run and well attended. We had plans to add a new meet director and meet to the calendar with Foundation Fitness scheduled to host their first meet, but that wasn't to be. The Provincial team was once again very large with 2020 Nationals being held in Winnipeg

We were able to again secure Provincial team sponsors and provided each lifter attending Nationals with a Team Saskatchewan hoodie and t-shirt. I want to thank the sponsors of the Provincial team again, Gold Sponsor 1 Stop Vacuum Centres, Silver Sponsors Virtus Group and RAR Farms, Bronze Sponsors Inner Strength Products, Foundation Fitness, Mountain & Mountain Law Office and Olympia In Depth.

Following Nationals, Covid-19 hit, and we have seen 6 months without a competition, calendars being altered and meets being postponed and then cancelled. Typically we would be gearing up for our Provincial Championship but this year, that was not to be.

The SPA Executive had many online meetings to discuss how to handle the response to a global pandemic. I want to thank all members of the executive for putting the extra time in to plan for our response. No decision was taken lightly and cancelling meets was never the first thing anyone wanted to do.

In closing, I want to thank the membership for allowing me to serve in the capacity as president. This was one of the hardest years, but we are seeing the good that comes from the situations we are put in. I wish everyone a strong and successful upcoming year.

Yours in Lifting,

Ryan Fowler

Saskatchewan Powerlifting Association President