

Open Equipped Provincial Records
SQUAT

59 KG	157.5 KG	Alvin Chou	29-Jul-17	Regina, SK
66 KG	265.0 KG	Carter Balaberda	30-Mar-11	Charlottetown, PEI
74 KG	256.0 KG	Cameron Preymack	7-Apr-22	Saskatoon, SK
83 KG	300.0 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	335.0 KG	Aaron Ziffle	9-May-22	St. Johns, NL
105 KG	325.0 KG	Steve Wiseman	26-Dec-17	Edmonton, AB
120 KG	330.0 KG	Lucas Tetreault	31-Dec-17	Moose Jaw, SK
+120 KG	405.0 KG	Ryan Stinn	3-Mar-20	Winnipeg, MB

BENCH PRESS

59 KG	128.0 KG	Alvin Chou	29-Jul-17	Regina, SK
66 KG	140.0 KG	Kent Brown	3-Dec-15	Vancouver, BC
74 KG	192.5 KG	Connor Lutz	23-Feb-18	Calgary, AB
83 KG	205.5 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	235.0 KG	Aaron Ziffle	9-May-22	St Johns, NL
105 KG	240.0 KG	Steve Wiseman	14-Apr-12	Calgary, AB
120 KG	232.5 KG	Ryan Stinn	2-Apr-11	Charlottetown, PEI
+120 KG	330.0 KG	Ryan Stinn	3-Mar-20	Winnipeg, MB

DEADLIFT

59 KG	200.0 KG	Alvin Chou	29-Jul-17	Regina, SK
66 KG	237.5 KG	Stephen Price	19-Feb-16	Regina, SK
74 KG	280.0 KG	Connor Lutz	23-Feb-18	Calgary, AB
83 KG	285.0 KG	Timothy Zelensky	2-Oct-21	Moose Jaw, SK
93 KG	301.0 KG	Neil Tkatchuk	26-Oct-19	Saskatoon, SK
105 KG	317.5 KG	Gage Bush	18-Mar-17	Saguenay, QU
120 KG	325.0 KG	Ryan Kawchuck	3-Oct-21	Moose Jaw, SK
+120 KG	338.0 KG	Ryan Stinn	11-Apr-15	St. Johns, NL

TOTAL

59 KG	475.5 KG	Alvin Chou	29-Jul-17	Regina, SK
66 KG	612.5 KG	Stephen Price	19-Feb-16	Regina, SK
74 KG	722.5 KG	Connor Lutz	23-Feb-18	Calgary, AB
83 KG	760.5 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	850.0 KG	Aaron Ziffle	9-May-22	St. Johns, NL
105 KG	855.0 KG	Steve Wiseman	14-Apr-12	Calgary, AB
120 KG	835.0 KG	Lucas Tetreault	31-Dec-17	Moose Jaw, SK
+120 KG	1067.5 KG	Ryan Stinn	3-Mar-20	Winnipeg, MB

BENCH PRESS ONLY

59 KG	128.0 KG	Alvin Chou	29-Jul-17	Regina, SK
66 KG	140.0 KG	Kent Brown	3-Dec-15	Vancouver, BC
74 KG	192.5 KG	Connor Lutz	23-Feb-18	Calgary, AB
83 KG	205.5 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	235.0 KG	Aaron Ziffle	9-May-22	St Johns, NL
105 KG	240.0 KG	Steve Wiseman	14-Apr-12	Calgary, AB
120 KG	232.5 KG	Ryan Stinn	2-Apr-11	Charlottetown, PEI
+120 KG	330.0 KG	Ryan Stinn	3-Mar-20	Winnipeg, MB



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Sub-Junior Equipped Provincial Records

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SQUAT

53 KG		*NO RECORD*		
59 KG	115.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	145.0 KG	Mckay Brown	1-Oct-16	Saskatoon, SK
74 KG	185.0 KG	Daniel Heintz	20-Dec-14	Moose Jaw, SK
83 KG	222.5 KG	Jean-Luc Fafard	11-Dec-21	Moose Jaw, SK
93 KG	212.5 KG	Frederick Engelbrecht	31-Dec-17	Moose Jaw, SK
105 KG	275.5 KG	Paul Farbacher	3-Dec-14	Vancouver, BC
120 KG	217.5 KG	Issac Klein	12-Jan-19	Saskatoon, SK
+120 KG	200.0 KG	Edwin Halkett	20-Apr-19	Saskatoon, SK

BENCH PRESS

53 KG		*NO RECORD*		
59 KG	90.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	87.5 KG	Cameron Black	13-Sep-14	Regina, SK
74 KG	145.5 KG	Dimitri Hadjistavropoulos	9-Sep-17	Winnipeg, MB
83 KG	132.5 KG	Jean-Luc Fafard	11-Dec-21	Moose Jaw, SK
93 KG	135.5 KG	Adam Deibert	31-Dec-17	Moose Jaw, SK
105 KG	175.0 KG	Paul Farbacher	3-Dec-14	Vancouver, BC
120 KG	142.5 KG	Issac Klein	12-Jan-19	Saskatoon, SK
+120 KG	127.5 KG	Montana Fehr	20-May-17	Regina, SK

DEADLIFT

53 KG		*NO RECORD*		
59 KG	185.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	180.0 KG	Troy Preymack	1-Oct-16	Saskatoon, SK
74 KG	227.5 KG	Dimitri Hadjistavropoulos	9-Sep-17	Winnipeg, MB
83 KG	250.0 KG	Shay Trakalo	13-Jul-19	Martensville, SK
93 KG	235.0 KG	Adam Deibert	31-Dec-17	Moose Jaw, SK
105 KG	272.5 KG	Paul Farbacher	3-Dec-14	Vancouver, BC
120 KG	235.0 KG	Issac Klein	12-Jan-19	Saskatoon, SK
+120 KG	212.5 KG	Edwin Halkett	6-Sep-19	Saskatoon, SK

TOTAL

53 KG		*NO RECORD*		
59 KG	390.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	377.5 KG	Troy Preymack	1-Oct-16	Saskatoon, SK
74 KG	548.0 KG	Dimitri Hadjistavropoulos	9-Sep-17	Winnipeg, MB
83 KG	585.0 KG	Jean-Luc Fafard	11-Dec-21	Moose Jaw, SK
93 KG	557.5 KG	Adam Deibert	20-Feb-18	Calgary, AB
105 KG	720.5 KG	Paul Farbacher	3-Dec-14	Vancouver, BC
120 KG	595.0 KG	Issac Klein	12-Jan-19	Saskatoon, SK
+120 KG	510.0 KG	Edwin Halkett	6-Sep-19	Saskatoon, SK

BENCH PRESS ONLY

53 KG		*NO RECORD*		
59 KG	90.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	87.5 KG	Cameron Black	13-Sep-14	Regina, SK
74 KG	145.5 KG	Dimitri Hadjistavropoulos	9-Sep-17	Winnipeg, MB
83 KG	145.0 KG	Dimitri Hadjistavropoulos	27-Aug-17	Regina, SK
93 KG	135.5 KG	Adam Deibert	31-Dec-17	Moose Jaw, SK
105 KG	175.0 KG	Paul Farbacher	3-Dec-14	Vancouver, BC
120 KG	142.5 KG	Issac Klein	12-Jan-19	Saskatoon, SK
+120 KG	127.5 KG	Montana Fehr	20-May-17	Regina, SK



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SQUAT

53 KG		*NO RECORD*		
59 KG	145.0 KG	Albert Wong	20-Jan-18	Saskatoon, SK
66 KG	265.0 KG	Carter Balaberda	30-Mar-11	Charlottetown, PEI
74 KG	255.5 KG	Daniel Heintz	14-Dec-19	Moose Jaw, SK
83 KG	300.0 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	296.0 KG	Dylan Moldovan	19-May-18	Regina, SK
105 KG	283.0 KG	Austen Zentner	26-Aug-18	Saskatoon, SK
120 KG	295.0 KG	Tanner Lepage	26-Aug-17	Regina, SK
+120 KG	270.0 KG	Carson Parago	11-Dec-21	Moose Jaw, SK

BENCH PRESS

53 KG		*NO RECORD*		
59 KG	90.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	140.0 KG	Jalen Nelson	11-Dec-21	Moose Jaw, SK
74 KG	187.5 KG	Noah Villard	18-Jan-20	Saskatoon, SK
83 KG	205.5 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	217.5 KG	Tanner Lepage	6-Sep-18	Potchefstroom, South Africa
105 KG	197.5 KG	Tanner Lepage	1-Oct-16	Saskatoon, SK
120 KG	200.0 KG	Tanner Lepage	26-Aug-17	Regina, SK
+120 KG	167.5 KG	Evan Shaskin	1-Oct-16	Saskatoon, SK

DEADLIFT

53 KG		*NO RECORD*		
59 KG	177.5 KG	Albert Wong	20-Jan-18	Saskatoon, SK
66 KG	235.0 KG	Stephen Price	19-Dec-15	Moose Jaw, SK
74 KG	265.5 KG	Daniel Heintz	14-Dec-19	Moose Jaw, SK
83 KG	285.0 KG	Timothy Zelensky	2-Oct-21	Moose Jaw, SK
93 KG	290.0 KG	Dyain Moldovon	6-Sep-18	Potchefstroom, South Africa
105 KG	298.0 KG	Russell Agnew	11-Jul-15	Moose Jaw, SK
120 KG	275.0 KG	Russell Agnew	19-Dec-15	Moose Jaw, SK
+120 KG	290.5 KG	Evan Shaskin	1-Oct-16	Saskatoon, SK

TOTAL

53 KG		*NO RECORD*		
59 KG	395.0 KG	Albert Wong	20-Jan-18	Saskatoon, SK
66 KG	610.0 KG	Stephen Price	20-Dec-14	Moose Jaw, SK
74 KG	665.0 KG	Noah Villard	18-Jan-20	Saskatoon, SK
83 KG	760.5 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	770.0 KG	Dyain Moldovon	3-Mar-19	Ottawa, ON
105 KG	723.5 KG	Paul Farbacher	20-Feb-16	Regina, SK
120 KG	732.5 KG	Tanner Lepage	26-Aug-17	Regina, SK
+120 KG	708.0 KG	Evan Shaskin	1-Oct-16	Saskatoon, SK

BENCH PRESS ONLY

53 KG		*NO RECORD*		
59 KG	90.0 KG	Aaron Lemoal	1-Oct-16	Saskatoon, SK
66 KG	140.0 KG	Jalen Nelson	11-Dec-21	Moose Jaw, SK
74 KG	187.5 KG	Noah Villard	18-Jan-20	Saskatoon, SK
83 KG	205.5 KG	Noah Villard	24-Sep-22	Calgary, AB
93 KG	217.5 KG	Tanner Lepage	6-Sep-18	Potchefstroom, South Africa
105 KG	197.5 KG	Tanner Lepage	1-Oct-16	Saskatoon, SK
120 KG	200.0 KG	Tanner Lepage	26-Aug-17	Regina, SK
+120 KG	167.5 KG	Evan Shaskin	1-Oct-16	Saskatoon, SK



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SQUAT

59 KG	78.0 KG	Randy Lunzy	28-Jun-14	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	185.0 KG	Brett Zoerb	20-Jun-16	Killeen, Texas
83 KG	212.5 KG	Jared Janis	3-Mar-20	Winnipeg, MB
93 KG	335.0 KG	Aaron Ziffle	9-May-22	St. Johns, NL
105 KG	262.5 KG	Dan Milo	8-Sep-19	Saskatoon, SK
120 KG	295.0 KG	Collin Pullar	3-Mar-19	Ottawa, ON
+120 KG	390.0 KG	Ryan Stinn	8-Oct-22	St. Johns, NL

BENCH PRESS

59 KG	67.5 KG	Randy Lunzy	31-Dec-11	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	120.0 KG	Brian Desjarlais	26-Oct-13	Saskatoon, SK
83 KG	137.5 KG	Brian Desjarlais	3-Mar-19	Ottawa, ON
93 KG	235.0 KG	Aaron Ziffle	9-May-22	St Johns, NL
105 KG	175.0 KG	Steve Wiseman	21-Feb-15	Saskatoon, SK
120 KG	207.5 KG	Collin Pullar	17-Jun-17	Minsk, Belarus
+120 KG	275.0 KG	Ryan Stinn	8-Oct-22	St. Johns, NL

DEADLIFT

59 KG	105.0 KG	Randy Lunzy	13-Sep-14	Regina, SK
66 KG		*NO RECORD*		
74 KG	205.0 KG	Brett Zoerb	20-Jun-16	Killeen, Texas
83 KG	240.0 KG	Jeff Rollin	30-Sep-18	Saskatoon, SK
93 KG	301.0 KG	Neil Tkatchuk	26-Oct-19	Saskatoon, SK
105 KG	282.5 KG	Dan Milo	22-Dec-18	Moose Jaw, SK
120 KG	292.5 KG	Collin Pullar	17-Jun-17	Minsk, Belarus
+120 KG	315.0 KG	Alan Block	2-Apr-11	Charlottetown, PEI

TOTAL

59 KG	245.0 KG	Randy Lunzy	28-Jun-14	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	497.5 KG	Brett Zoerb	19-Feb-16	Regina, SK
83 KG	575.0 KG	Jeff Rollin	30-Sep-18	Saskatoon, SK
93 KG	850.0 KG	Aaron Ziffle	9-May-22	St. Johns, NL
105 KG	677.5 KG	Rob Lepine	3-Mar-20	Winnipeg, MB
120 KG	782.5 KG	Collin Pullar	3-Mar-19	Ottawa, ON
+120 KG	965.0 KG	Ryan Stinn	8-Oct-22	St. Johns, NL

BENCH PRESS ONLY

59 KG	67.5 KG	Randy Lunzy	31-Dec-11	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	150.0 KG	Brian Desjarlais	26-Oct-13	Saskatoon, SK
83 KG	150.0 KG	Brian Desjarlais	10-Dec-16	Moose Jaw, SK
93 KG	235.0 KG	Aaron Ziffle	9-May-22	St Johns, NL
105 KG	175.0 KG	Steve Wiseman	21-Feb-15	Saskatoon, SK
120 KG	207.5 KG	Collin Pullar	17-Jun-17	Minsk, Belarus
+120 KG	275.0 KG	Ryan Stinn	8-Oct-22	St. Johns, NL



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SQUAT

59 KG	78.0 KG	Randy Lunzy	28-Jun-14	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	185.0 KG	Brett Zoerb	20-Jun-16	Killeen, Texas
83 KG	193.5 KG	Brett Zoerb	31-Dec-17	Moose Jaw, SK
93 KG	257.5 KG	Chris Arnold	20-Dec-14	Moose Jaw, SK
105 KG	227.5 KG	Mark Reynolds	18-Jan-20	Saskatoon, SK
120 KG	257.5 KG	Collin Pullar	9-May-22	St. Johns, NL
+120 KG	195.0 KG	Alan Bigelow	11-Dec-21	Moose Jaw, SK

BENCH PRESS

59 KG	67.5 KG	Randy Lunzy	31-Dec-11	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	120.0 KG	Brian Desjarlais	26-Oct-13	Saskatoon, SK
83 KG	137.5 KG	Brian Desjarlais	3-Mar-19	Ottawa, ON
93 KG	162.5 KG	Brett Zoerb	3-Mar-20	Winnipeg, MB
105 KG	155.0 KG	Brett Zoerb	14-Dec-19	Moose Jaw, SK
120 KG	182.5 KG	Collin Pullar	9-May-22	St. Johns, NL
+120 KG	160.0 KG	Alan Bigelow	11-Dec-21	Moose Jaw, SK

DEADLIFT

59 KG	105.0 KG	Randy Lunzy	13-Sep-14	Regina, SK
66 KG		*NO RECORD*		
74 KG	205.0 KG	Brett Zoerb	20-Jun-16	Killeen, Texas
83 KG	213.0 KG	Brett Zoerb	31-Dec-17	Moose Jaw, SK
93 KG	262.5 KG	Chris Arnold	17-May-14	Saskatoon, SK
105 KG	237.5 KG	Mark Reynolds	18-Jan-20	Saskatoon, SK
120 KG	257.5 KG	Collin Pullar	9-May-22	St. Johns, NL
+120 KG	195.0 KG	Alan Bigelow	11-Dec-21	Moose Jaw, SK

TOTAL

59 KG	245.0 KG	Randy Lunzy	28-Jun-14	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	497.5 KG	Brett Zoerb	19-Feb-16	Regina, SK
83 KG	526.5 KG	Brett Zoerb	31-Dec-17	Moose Jaw, SK
93 KG	660.0 KG	Chris Arnold	20-Dec-14	Moose Jaw, SK
105 KG	597.5 KG	Mark Reynolds	18-Jan-20	Saskatoon, SK
120 KG	697.5 KG	Collin Pullar	9-May-22	St. Johns, NL
+120 KG	550.0 KG	Alan Bigelow	11-Dec-21	Moose Jaw, SK

BENCH PRESS ONLY

59 KG	67.5 KG	Randy Lunzy	31-Dec-11	Moose Jaw, SK
66 KG		*NO RECORD*		
74 KG	150.0 KG	Brian Desjarlais	26-Oct-13	Saskatoon, SK
83 KG	150.0 KG	Brian Desjarlais	10-Dec-16	Moose Jaw, SK
93 KG	162.5 KG	Brett Zoerb	3-Mar-20	Winnipeg, MB
105 KG	155.0 KG	Randy Wenzel	26-Aug-17	Regina, SK
120 KG	182.5 KG	Steve Schiefner	27-Oct-19	Weyburn, SK
+120 KG	217.5 KG	Patrick Thera	26-Oct-13	Saskatoon, SK



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Master III Equipped Provincial Records

Men's Equipped Provincial Records

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SQUAT

59 KG		*NO RECORD*		
66 KG		*NO RECORD*		
74 KG	130.0 KG	Brian Desjarlais	9-Apr-15	St. Johns, NL
83 KG	187.5 KG	Brett Zoerb	7-Jun-18	Calgary, AB
93 KG	195.0 KG	Brett Zoerb	7-Jun-18	Calgary, AB
105 KG	206.0 KG	Randy Schiller	19-Feb-22	Weyburn, SK
120 KG	140.0 KG	Dusty Dear	12-Jan-19	Saskatoon, SK
+120 KG		*NO RECORD*		

BENCH PRESS

59 KG		*NO RECORD*		
66 KG		*NO RECORD*		
74 KG	120.0 KG	Brian Desjarlais	26-Oct-13	Saskatoon, SK
83 KG	137.5 KG	Brian Desjarlais	3-May-19	Ottawa, ON
93 KG	162.5 KG	Brett Zoerb	3-Mar-20	Winnipeg, MB
105 KG	155.0 KG	Brett Zoerb	14-Dec-19	Moose Jaw, SK
120 KG	100.0 KG	Allen Ritch	2-Apr-16	Saskatoon, SK
+120 KG		*NO RECORD*		

DEADLIFT

59 KG		*NO RECORD*		
66 KG		*NO RECORD*		
74 KG	165.0 KG	Brian Desjarlais	26-Oct-15	Saskatoon, SK
83 KG	207.5 KG	Brett Zoerb	7-Jun-18	Calgary, AB
93 KG	200.0 KG	Brett Zoerb	3-Mar-20	Winnipeg, MB
105 KG	230.0 KG	Randy Schiller	19-Feb-22	Weyburn, SK
120 KG	182.5 KG	Dusty Dear	12-Jan-19	Saskatoon, SK
+120 KG		*NO RECORD*		

TOTAL

59 KG		*NO RECORD*		
66 KG		*NO RECORD*		
74 KG	412.5 KG	Brian Desjarlais	26-Oct-15	Saskatoon, SK
83 KG	517.5 KG	Brett Zoerb	7-Jun-18	Calgary, AB
93 KG	547.5 KG	Brett Zoerb	3-Mar-20	Winnipeg, MB
105 KG	571.0 KG	Randy Schiller	19-Feb-22	Weyburn, SK
120 KG	409.0 KG	Dusty Dear	12-Jan-19	Saskatoon, SK
+120 KG		*NO RECORD*		

BENCH PRESS ONLY

59 KG		*NO RECORD*		
66 KG		*NO RECORD*		
74 KG	122.5 KG	Brian Desjarlais	13-Sep-14	Regina, SK
83 KG	150.0 KG	Brian Desjarlais	10-Dec-16	Moose Jaw, SK
93 KG	162.5 KG	Brett Zoerb	3-Mar-20	Winnipeg, MB
105 KG	155.0 KG	Brett Zoerb	14-Dec-19	Moose Jaw, SK
120 KG	175.0 KG	Steve Schiefner	11-Dec-21	Moose Jaw, SK
+120 KG		*NO RECORD*		

SQUAT

59 KG			*NO RECORD*		
66 KG			*NO RECORD*		
74 KG			*NO RECORD*		
83 KG	137.5 KG	Brian Desjarlais		3-Mar-19	Ottawa, ON
93 KG			*NO RECORD*		
105 KG			*NO RECORD*		
120 KG			*NO RECORD*		
+120 KG			*NO RECORD*		

BENCH PRESS

59 KG			*NO RECORD*		
66 KG			*NO RECORD*		
74 KG			*NO RECORD*		
83 KG	137.5 KG	Brian Desjarlais		3-Mar-19	Ottawa, ON
93 KG			*NO RECORD*		
105 KG			*NO RECORD*		
120 KG			*NO RECORD*		
+120 KG			*NO RECORD*		

DEADLIFT

59 KG			*NO RECORD*		
66 KG			*NO RECORD*		
74 KG			*NO RECORD*		
83 KG	175.0 KG	Brian Desjarlais		3-Mar-19	Ottawa, ON
93 KG			*NO RECORD*		
105 KG			*NO RECORD*		
120 KG			*NO RECORD*		
+120 KG			*NO RECORD*		

TOTAL

59 KG			*NO RECORD*		
66 KG			*NO RECORD*		
74 KG			*NO RECORD*		
83 KG	450.0 KG	Brian Desjarlais		3-Mar-19	Ottawa, ON
93 KG			*NO RECORD*		
105 KG			*NO RECORD*		
120 KG			*NO RECORD*		
+120 KG			*NO RECORD*		

BENCH PRESS ONLY

59 KG			*NO RECORD*		
66 KG			*NO RECORD*		
74 KG	117.5 KG	Brian Desjarlais		1-Oct-21	Moose Jaw, SK
83 KG	140.0 KG	Brian Desjarlais		3-Mar-19	Ottawa, ON
93 KG			*NO RECORD*		
105 KG			*NO RECORD*		
120 KG			*NO RECORD*		
+120 KG			*NO RECORD*		