

# Saskatchewan Powerlifting 2023 Calendar of Important Dates

January 11, 2023

<b>January</b>	28	<b>SPA Provincial Team Training Camps*</b>   North: Saskatoon, SK – Synergy Strength Info: saskpowerlifting@gmail.com
<b>February</b>	4	<b>SPA Provincial Team Training Camps*</b>   South: Moose Jaw, SK - Unparalleled Info: saskpowerlifting@gmail.com
	13 - 18	<b>CPU National Championships</b>   Richmond, British Columbia Info: <a href="https://www.cpunationals.com/">https://www.cpunationals.com/</a>
<b>March / April</b>	<b>TBD</b>	<b>OPEN FOR BID</b>
<b>May</b>	20	<b>Foundation Fitness Open</b>   Regina, SK Info: Jaime Otitoju, jaime@foundationfitness.ca
	20 - 28	<b>IPF World Classic &amp; Equipped Bench Press Championships</b>   Sun City, South Africa
<b>June</b>	6 - 12	<b>IPF World Classic Open Powerlifting Championships</b>   Valetta, Malta
<b>June/July</b>	<b>TBD</b>	<b>Rise Strength Open (Tentative, pending gym relocation)</b>   Saskatoon, SK Info: Daniel Heintz, bridgecitybarbellyxe@gmail.com
<b>August</b>	7 - 12	<b>NAPF North American Regional Championships</b>   Grand Cayman, Cayman Islands
	11 - 13	<b>CPU Western Canadian Championships</b>   Brandon, Manitoba Info: Mathew Bowen, cpuwesterns23@gmail.com
	11	<b>Deadline for Proposals, New Business and Discussion Items at AGM</b> Submit to secretary@saskpowerlifting.ca
	11	<b>Deadline for 2023 SPA Open Meet Applications</b> Submit to secretary@saskpowerlifting.ca
<b>September</b>	August 24 - 3	<b>IPF World Classic &amp; Equipped Sub-Junior &amp; Junior Powerlifting Championships</b>   Cluj-Napoca, Romania
<b>October</b>	8 - 15	<b>IPF World Classic &amp; Equipped Masters Powerlifting Championships</b>   Ulaanbaatar, Mongolia
	20	<b>SPA Annual General Meeting</b>   Weyburn, SK Info: saskpowerlifting@gmail.com
	20-22	<b>SPA Provincial Championships</b>   Weyburn, SK Info: Ryan Fowler, ryan.g.fowler@gmail.com
	28 - 29	<b>NAPF North American Bench Press Championships</b>   Mexico, Mexico
<b>November</b>	13 - 19	<b>IPF World Equipped Open Championship</b>   Vilnius, Lithuania
<b>December</b>	TBA	<b>Last Chance Open</b>   Moose Jaw, SK Info: Rhaea Stinn, rhaea.stinn@gmail.com
* Open to SPA athletes registered to compete at the 2023 CPU National Championships only		
<b>SPA Executive Meetings</b>	November 22, 2022 – SPA AGM Follow Up & CPU AGM Agenda Discussion January 10, 2023 – SPA Meeting June 2023 – SPA Meeting August 11, 2023 – SPA AGM Submissions August TBA, 2023 – SPA Meeting: AGM Agenda Discussion November TBA, 2023 – SPA AGM Follow Up December/January, 2024 – CPU AGM Agenda Discussion	
<b>Special Meetings</b>	As needed. Notice will be given to members via email and social media.	