

January	28	SPA Provincial Team Training Camps* North: Saskatoon, SK – Synergy Strength Info: saskpowerlifting@gmail.com
February	4	SPA Provincial Team Training Camps* South: Moose Jaw, SK - Unparalleled Info: saskpowerlifting@gmail.com
	13 - 18	CPU National Championships Richmond, British Columbia Info: https://www.cpunationals.com/
March/ April	TBD	OPEN FOR BID
May	20	Foundation Fitness Open Regina, SK Info: Jaime Otitoju, jaime@foundationfitness.ca
	20 - 28	IPF World Classic & Equipped Bench Press Championships Sun City, South Africa
June	6 - 12	IPF World Classic Open Powerlifting Championships Valetta, Malta
July	8 - 9	Rise Strength Open Saskatoon, SK Info: Daniel Heintz, <u>bridgecitybarbellyxe@gmail.com</u> and Russell Agnew, <u>russellagnew@gmail.com</u>
	7 - 17	IWGA World Games Birmingham, AL USA
August	7 - 12	NAPF North American Regional Championships Grand Cayman, Cayman Islands
	11 - 13	CPU Western Canadian Championships Brandon, Manitoba Info: Mathew Bowen, cpuwesterns23@gmail.com
	TBD	Deadline for Proposals, New Business and Discussion items at AGM Submit to secretary@saskpowerlifting.ca
	TBD	Deadline for 2023 SPA Open Meet Applications Submit to secretary@saskpowerlifting.ca
August/ September	24 - 3	IPF World Classic & Equipped Sub-Junior & Junior Powerlifting Championships Cluj-Napoca, Romania
September/ October	TBD	SPA Annual General Meeting - TBD
	TBD	SPA Provincials - OPEN FOR BID

October	8 - 15	IPF World Classic & Equipped Masters Powerlifting Championships Ulaanbaatar, Mongolia	
	28 - 29	NAPF North American Bench Press Championships Mexico, Mexico	
October/ November	TBA	Olympia in Depth Open Weyburn, SK Info: Ryan Fowler, ryan.g.fowler@gmail.com	
November	13 - 19	IPF World Equipped Open Championship Vilnius, Lithuania	
December	ТВА	Last Chance Open Moose Jaw, SK Info: Rhaea Stinn, rhaea.stinn@gmail.com	
* Open to SPA athletes registered to compete at the 2023 CPU National Championships only			
SPA Executive Meetings		November 22, 2022 – SPA AGM Follow Up & CPU AGM Agenda Discussion January 10, 2023 – SPA Meeting August <i>TBA</i> , 2023 – SPA AGM Submissions August <i>TBA</i> , 2023 – SPA AGM Agenda Discussion October/November <i>TBA</i> , 2023 – SPA AGM Follow Up December/January – CPU AGM Agenda Discussion	
Special Meetings		As needed. Notice will be given to members via email and social media.	