

Saskatchewan Powerlifting 2024 Calendar of Important Dates

Updated January 28, 2024

February	3	Rise Winter Classic Saskatoon, SK Rise Strength Lab – 2630 Jasper Ave. Info: Russell Agnew – events.blackthorn@gmail.com
March	7 - 10	CPU Western Championships Moose Jaw, SK Moose Jaw Convention Centre – 250 Thatcher Dr. Info: Rhaea Stinn – truenorthstrongproductions@gmail.com
April	13	Trench Open Regina, SK Trench Fitness – 115 Hodsman Rd. Info: Brandon Logan – brandon@trenchfitness.com
May	18	Foundation Fitness Open Regina, SK Foundation Fitness – #300 - 637 Solomon Cres. Info: Jaime Otitoju – jaime@foundationfitness.ca
May/June	25 - 1	IPF World Classic & Equipped Bench Press Championships Austin, Texas, USA
June	16 - 23	IPF World Classic Open Powerlifting Championships Vilnius, Lithuania
July	12 – 14	Bridge City Barbell Open Saskatoon, SK Rise Strength Lab – 2630 Jasper Ave. Info: Russell Agnew – events.blackthorn@gmail.com
August	5 - 10	NAPF North American Regional Championships Scottsdale, Arizona USA
	TBD	SPA Provincial Team Training Camps North <i>*Open to SPA athletes registered to compete at the 2024 CPU National Championships only</i>
	TBD	SPA Provincial Team Training Camps South <i>*Open to SPA athletes registered to compete at the 2024 CPU National Championships only</i>
August/ September	23 - 4	IPF World Classic & Equipped Sub-Junior & Junior Powerlifting Championships Valletta, Malta
September	9 - 14	CPU National Championships Summerside, PEI 511 Notre Dame St. Info: Justin Smith & John MacDonald – 2024cpunationals@gmail.com
	22	Olympia is Depth Open Weyburn, SK Olympia in Depth – 1733 Railway Ave. Info: Ryan Fowler – ryan.g.fowler@gmail.com
October	1	Deadline for Proposals, New Business and Discussion items at AGM Submit to secretary@saskpowerlifting.ca

	<i>TBD</i>	Deadline for 2025 SPA Open Meet Applications Submit to secretary@saskpowerlifting.ca
	4 - 11	Commonwealths Championships Sun City, South Africa
	13 - 20	IPF World Classic & Equipped Masters Powerlifting Championships Sun City, Africa
	17 - 19	NAPF North American Bench Press Championships San Jose, Costa Rica
November	11 - 17	IPF World Equipped Open Championship Reykjavik, Iceland
	22 - 24	SPA Provincials* Saskatoon, SK *Pending approval
	<i>TBD</i>	SPA Annual General Meeting Saskatoon, SK
December	7	Last Chance Open Moose Jaw, SK Moose Jaw Exhibition Convention Centre Info: Ryan Stinn – stinndler@gmail.com
SPA Executive Meetings		December 2024 – CPU AGM Agenda Discussion January 2024 – CPU AGM Agenda Discussion March/April 2024 - SPA Board Meeting September 2024 – SPA AGM Submissions October 2024 - SPA Board Meeting: AGM Discussion December 2024 – SPA AGM Follow Up & CPU AGM Agenda Discussion January/February TBA, 2024 – CPU AGM Agenda Discussion
Special Meetings		As needed. Notice will be given to members via email and social media.